

Form No. 7.]

[Reg. 22 (3).

*The Nurses and Midwives Registration Act, 1925.*

NOTICE OF BIRTH OF STILL-BORN CHILD TO BE RENDERED BY MIDWIFE.

The Medical Officer of Health,

I BEG to notify that on the \_\_\_\_\_ day of \_\_\_\_\_, 19\_\_\_\_, I delivered  
M \_\_\_\_\_, of \_\_\_\_\_, of a still-born child.*Signature of Midwife:*

Date: \_\_\_\_\_ Address: \_\_\_\_\_

## THIRD SCHEDULE.

METHOD OF DISINFECTION OF PERSON AND CLOTHING, AND OF STERILIZATION OF INSTRUMENTS AND APPLIANCES, SUBSEQUENT TO ATTENDANCE UPON A CASE OF PUERPERAL FEVER, SCARLET FEVER, ERYSIPELAS, OR ANY ILLNESS OF A SUPPURATIVE CHARACTER.

1. THE midwife or maternity nurse shall wash herself all over, including her hair, in a hot bath.
2. She shall then have a complete change of clothing.
3. She shall boil thoroughly all dresses and aprons which she has worn while in attendance upon the case.
4. She shall sterilize her hands and forearms by scrubbing them vigorously for five minutes with a sterilized nail-brush in hot water and soap, then rinsing them in water, and lastly immersing them for three minutes in methylated spirit or an approved disinfectant as required by the Medical Officer of Health. During this time she shall rub the hands and forearms with sterilized gauze wet with the solution, paying special attention to the roots of the nails and in between the fingers, and cleaning beneath the nails with a piece of wood wet with the solution (a wooden match is useful), but avoiding anything that is likely to separate the nail from the surrounding skin.
5. The above process of sterilizing hands shall be repeated three times at intervals of twelve hours subsequent to the last exposure to infection.
6. She shall remove the contents and lining from her midwifery bag and shall sterilize bag-lining and contents as follows:—
  - (a) Bag: Wipe over all surfaces, inside and out, with a cloth moistened with a solution of 5 per cent. formalin (formalin 1 oz. to 1 pint of water).
  - (b) Lining: Boil for twenty minutes.
  - (c) Contents: Boil for twenty minutes all towels, instruments, and other appliances which can be treated in this way. Burn supplies of cotton-wool, tow, &c., unless contained in sealed packages. Immerse remaining articles in a 5 per cent. solution of formalin, or wipe them over on all surfaces with a cloth moistened with a solution of 5 per cent. formalin.

NOTE.—Where an article has been immersed in or wiped over with 5 per cent. formalin solution it should not be dried but should be left wet and allowed to dry gradually by ordinary exposure to air. The nurse must be careful not to allow the formalin solution to remain in contact with her skin for longer than is avoidable, as it is a skin-irritant.

F. D. THOMSON,  
Clerk of the Executive Council.