

Form No. 10.]

[Reg. 22 (3).

The Nurses and Midwives Registration Act, 1925.

NOTICE OF BIRTH OF STILL-BORN CHILD TO BE RENDERED BY MIDWIFE.

The Medical Officer of Health,

I BEG to notify that on the _____ day of _____, 19____, I delivered
M _____, of _____, of a still-born child.*Signature of Midwife:*

Date: _____ . Address: _____ .

FIFTH SCHEDULE.

METHOD OF DISINFECTION OF PERSON AND CLOTHING, AND OF
STERILIZATION OF INSTRUMENTS AND APPLIANCES, SUBSEQUENT
TO ATTENDANCE UPON A CASE OF PUERPERAL FEVER, SCARLET
FEVER, ERYSIPELAS, OR ANY ILLNESS OF A SUPPURATIVE
CHARACTER.

1. The midwife or maternity nurse shall wash herself all over, including her hair, in a hot bath to which has been added lysol in the proportion of 4 oz. of lysol to 10 gallons of water.

2. She shall then have a complete change of clothing.

3. She shall boil thoroughly all dresses and aprons which she has worn while in attendance upon the case.

4. She shall sterilize her hands and forearms by scrubbing them vigorously with a sterilized nail-brush, in hot water and soap for five minutes, then rinsing them in water, and, lastly, immersing them for three minutes in a solution of the strength of one part of biniodide of mercury dissolved in five hundred parts of 70 per cent. methylated spirit. During this time she shall rub the hands and forearms with sterilized gauze wet with the solution, paying special attention to the roots of the nails and in between the fingers, and cleaning beneath the nails with a piece of wood wet with the solution (a wooden match is useful), but avoiding anything that is likely to separate the nail from the surrounding skin. At the end of three minutes she shall wash the antiseptic off in plain methylated spirit.

NOTE.—To make the methylated-spirit solution dissolve two 8.75 gr. biniodide tablets in 4 oz. of boiling water and add sufficient methylated spirit to make 1 pint.

5. She shall remove the contents and lining from her midwifery bag and shall sterilize bag-lining and contents as follows:—

(a) Bag: Wipe over all surfaces, inside and out, with a cloth moistened with a solution of 5 per cent. formalin (formalin 1 oz. to 1 pint of water).

(b) Lining: Boil for twenty minutes.

(c) Contents: Boil for twenty minutes all towels, instruments, and other appliances which can be treated in this way. Burn supplies of cotton-wool, tow, &c., unless contained in sealed packages. Immerse remaining articles in a 5 per cent. solution of formalin, or wipe them over on all surfaces with a cloth moistened with a solution of 5 per cent. formalin.

NOTE.—Where an article has been immersed in or wiped over with 5 per cent. formalin solution it should not be dried but should be left wet and allowed to dry gradually by ordinary exposure to air. The nurse must be careful not to allow the formalin solution to remain in contact with her skin for longer than is avoidable, as it is a skin-irritant.

F. D. THOMSON,
Clerk of the Executive Council.