

SECTION VIII.—RATIONS AND FORAGE.

186. When rations are authorized to be issued by the Army Service Corps one complete field ration per day may be drawn for every officer, W.O., N.C.O., and man, and also for every authorized civilian attached to the troops; likewise, one complete forage ration will be drawn for each authorized horse.

Scale of Rations.

Description.	Quantity.	Remarks.
Bread	1½ lb.	
Or biscuits	1 lb.	
Or flour	1 lb.	
Fresh meat	1½ lb.	
Or preserved meat	1 lb.	
Sausages	8 oz.	Twice weekly in lieu of equal quantities of fresh meat.
Bacon	5 oz.	Twice weekly in lieu of fresh meat: 5 oz. bacon equals 10 oz. fresh meat.
Cheese	2 oz.	
Coffee	¼ oz.	
Jam	4 oz.	
Fresh milk	½ pint.	
Or condensed milk	⅓ tin.	
Flour	1½ oz.	
Baking-powder	3 lb. for each 100 lb. flour issued.	
Oatmeal	1 oz.	
Onions	4 oz.	
Fresh vegetables	8 oz.	(When available).*
Potatoes	1 lb. (old) or ¾ lb. (new).	
Salt	½ oz.	
Sugar	4 oz.	
Tea	¾ oz.	
Butter	¼ oz.	
Pepper	⅓ oz.	
Dried fruits	¾ oz.	Prunes, evaporated apples, or peaches.
Rice	⅓ oz.	
Currants	⅓ oz.	
Tapioca	⅓ oz.	
Sago	⅓ oz.	
Curry-powder	⅓ oz.	
Treacle	1 oz. weekly	In lieu of jam.
Candles	⅓ lb.	When electric light or other light not available.
Coal or wood	2 cwt. per cooker per day, plus 2 lb. wood per man. 8 lb. wood per man per day	1 lb. coal equals 2 lb. wood. When cookers are not available

* Equivalents to be issued only when fresh vegetables are not available; 2 oz. haricot beans, or 2 oz. rice, or 2 oz. barley, or 2 oz. peas, equals 8 oz. fresh vegetables.

187. In case of W.O.s, Staff sergeants, and sergeants this ration may be supplemented in kind to the value of 9d. per ration per day, and in the case of officers to the value of 1s. 6d. per day.

188. On manoeuvres or camps of training the above scale of rations may be increased by the order of the G.O.C., or, in his absence, by the C.G.S.

Scale of Forage.

189. The scale of forage is as follows:—

Permanent Training-camps and Depots—

Scale A—Chaff 12 lb., hay 6 lb., bran 1½ lb., oats 6 lb. per day.

Annual Territorial Training-camps—

Scale B—Chaff 12 lb., hay 6 lb., oats 6 lb., per day.

Scale C—Chaff 18 lb., oats 6 lb., per day.

Scale D—Chaff 18 lb., hay 6 lb., per day.

To be left to the discretion of O.C. units to use whatever scale they consider most fitting.

An additional 2 lb. oats is allowed for draught horses of 16 hands and over.

In Scales B, C, and D up to 1½ lb. bran may be drawn in lieu of an equal quantity of hay, chaff, or oats.

Straw for Tents.

190. 10 lb. of straw per officer and other rank, to be replaced after eight days if considered necessary by O.C. unit.

Coal for Forges.

191. Mounted Corps will draw 15 lb. of coal for each set of shoes actually made in regimental forges, and 10 lb. for each set of shoes actually put on under the system of cold shoeing. This allowance will cover all extra services such as for forges, veterinary purposes, repairs, jobbing, &c. Smiths' coal may be used.