

authority, self-control, truthfulness, honesty, and generosity should be developed by the exercise of the qualities that go to make up the general atmosphere of the school, both in the class-room and in the playground. The teacher's personal influence and example will be by far the strongest factor in the development of character in the pupils.

For further details and suggestions see Appendices O and P.

23.

PHYSICAL TRAINING.

Q. PHYSICAL EXERCISES.

Preparatory Division.—These should consist of simple breathing and other exercises in conformity with the general scheme as set forth in the Regulations for Physical Training. There should not be much formal drill, but the exercises should consist largely of marching and games which, besides providing interesting forms of recreation, should make some call on the children's alertness and intelligence.

Junior Division.—Suitable games and exercises in accordance with the Regulations for Physical Training. Marching and games should be associated, where possible, with singing, and arrangements should be made by the teacher for the encouragement and supervision of active and healthy games in the playground during the recesses. The children should now be taught more regular games, such as rounders, and wherever possible they should be taught to swim.

Middle Division.—Physical exercises and games in accordance with the Regulations for Physical Training. Definite provision should be made by the teacher for the teaching of swimming and for organized games during recess or after school for boys and especially for girls. All teachers should take an active interest in the outdoor recreation of the children.

Senior Division.—Suitable games and exercises as prescribed in the Regulations for Physical Instruction. Suitable games for girls should be encouraged and organized as thoroughly as those for boys. Practice in swimming and life-saving should be provided for wherever possible.

R. HYGIENE AND HEALTH.

A definite scheme on the lines of that set out in Appendix R is to be drawn up. Any other suitable scheme may be approved by the Inspector.

Preparatory Division.—Talks on simple phases of these subjects should form part of the lessons in oral expression.

Junior Division.—More definite guidance should be given with regard to the care of the teeth, skin, and the use of food. The teacher should take an active part and a close interest in the work of medical inspection, which is most closely related to the children in S2.

Middle Division.—Lessons on the topics dealt with in the Junior Division should be further developed, together with simple lessons on food and drink, temperance, correct breathing, and the care of the hands, eyes, hair, and teeth. Simple lessons on the general structure of the body, the general functions of the lungs, heart, and digestive organs, without details of construction of organs or of processes involved. The teacher should ensure that a high standard of personal cleanliness and neatness is maintained by the children, and that the class-room shall be scrupulously clean and tidy.

Senior Division.—The knowledge of the general structure and of the more important organs of the body. Digestion, respiration, and circulation of the blood. Importance of ventilation, exercise, and cleanliness. Temperance instruction. Simple exercises in first aid. Some knowledge of the structure and functions of the skin, the throat, the eye, and the ear. Methods of dealing with common ailments and common accidents. In the case of girls, such lessons on hygiene and health should be given as would be specially useful to them in the home, including simple lessons in first aid and home nursing. (The teacher should require a high standard of personal cleanliness and neatness from every pupil, and every part of the class-room, furniture, and apparatus should be kept neat and free from dust.)

For further details and suggestions see Appendix R.

CLASS S7.

SCHOOLS OTHER THAN DISTRICT HIGH SCHOOLS.

24. In places where there is a secondary school coming under section 10 of the Education Amendment Act, 1908, or a district high school, or a day technical school, and in places from which the pupils can travel daily to such a school, the work in S7 shall not be required. Subject to