



THE FOOD REGULATIONS 1984, AMENDMENT NO. 12

CATHERINE A. TIZARD, Governor-General

ORDER IN COUNCIL

At Wellington this 18th day of December 1995

Present:

THE RIGHT HON. J. B. BOLGER PRESIDING IN COUNCIL

PURSUANT to section 42 of the Food Act 1981, Her Excellency the Governor-General, acting by and with the advice and consent of the Executive Council, hereby makes the following regulations.

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REGULATIONS

1. Title and commencement—These regulations may be cited as the Food Regulations 1984, Amendment No. 12, and shall be read together with and deemed part of the Food Regulations 1984* (hereinafter referred to as the principal regulations).

(2) These regulations shall come into force on the 20th day of January 1996.

2. Interpretation—(1) Regulation 2 (1) of the principal regulations (as substituted by regulation 2 (1) of the Food Regulations 1984, Amendment No. 5) is hereby amended by inserting, in their appropriate alphabetical order, the following definitions:

“‘Average quantity’, in relation to a nutrient in a food, is the quantity determined from one or more of the following:

“(a) The manufacturer’s analysis of the food:

“(b) Calculation from the actual or average quantity of nutrients in the ingredients used:

“(c) Calculation from generally accepted data (being data obtained from national or international food composition databases),—

that best represents the quantity of a nutrient that the food contains, allowing for seasonal variability and other known factors that could cause actual values to vary:

“‘Claimable food’ means a food that consists of at least 90% by weight of—

“(a) Primary foods; or

“(b) Food specified in column 1 of the First Table to regulation 20A of these regulations; or

“(c) Added water; or

*S.R. 1984/262

Amendment No. 1: S.R. 1985/300

Amendment No. 2: S.R. 1987/265

Amendment No. 3: S.R. 1989/375

Amendment No. 4: S.R. 1989/408

Amendment No. 5: S.R. 1991/262

Amendment No. 6: S.R. 1992/19

Amendment No. 7: S.R. 1992/333

Amendment No. 8: S.R. 1993/344

Amendment No. 9: S.R. 1994/226

Amendment No. 10: (Revoked by S.R. 1995/251)

Amendment No. 11: S.R. 1995/251

“(d) A mixture of the foods specified in paragraphs (a) to (c) of this definition,—

and, for the purposes of determining whether an artificially sweetened food is a claimable food, the composition of the food is to be calculated as if sucrose were substituted for the artificial sweetening substance to an equivalent sweetness:

“‘Primary food’ means fruit, vegetables, grains, legumes, meat, milk, yoghurt, eggs, nuts (including seeds), and fish:

“‘Recommended dietary intake or RDI’, in relation to a vitamin or mineral listed in column 1 of the Thirteenth Schedule to these regulations, means the recommended dietary intake for that vitamin or mineral specified in column 3 of that Schedule, calculated and expressed in the form specified in that Schedule:

“‘Reference quantity’ means—

“(a) In relation to a food specified in column 1 of the First Table to regulation 20A of these regulations, either the quantity specified in column 2 of that table for that food or, in relation to a food that requires dilution or reconstitution or preparation according to directions, the quantity of the food that, when diluted, reconstituted or prepared, produces the quantity specified in column 2 of that table; and

“(b) In relation to all other foods, either a normal serving or, in relation to a food that requires dilution or reconstitution or preparation according to directions, the quantity of the food that, when diluted, reconstituted, or prepared, produces a normal serving.”.

(2) Regulation 2 (1) of the principal regulations (as so substituted) is hereby further amended by revoking the definition of “mineral”, and substituting the following definition:

“‘Mineral’ means any of the following:

“Calcium:

“Chloride:

“Chromium:

“Copper:

“Fluoride or fluorine:

“Iodide or iodine:

“Iron:

“Magnesium:

“Manganese:

“Molybdenum:

“Phosphorus:

“Potassium:

“Selenium:

“Sodium:

“Zinc.”.

(3) Regulation 2 (1) of the principal regulations is hereby further amended by omitting from the definition of “vitamin” the words “, and any salt or derivative of the following”.

PART I

GENERAL LABELLING REQUIREMENTS

3. Statement of ingredients—Regulation 11 of the principal regulations is hereby amended by revoking subclause (14) (as substituted

by regulation 8 (5) of the Food Regulations 1984, Amendment No. 5), and substituting the following subclause:

“(14) Except in the case of cultures, modified starches, and flavouring (other than flavour enhancers), the appropriate class name of the food additive shall be directly followed by, in parenthesis, the code number of each food additive or the specific name of each food additive (in the case of vitamins and minerals, being the name of the compound specified in column 2 of the Thirteenth Schedule to these regulations or in the case of a vitamin or mineral added to a special purpose food, the name of the compound, as the case may be) of that class present in the food.”

4. Nutrition labelling—(1) Regulation 13A of the principal regulations (as inserted by regulation 11 of the Food Regulations 1984, Amendment No. 5) is hereby amended by inserting, in subclause (2) (c) before the word “quantity”, the words “name and”.

(2) Regulation 13A of the principal regulations (as so inserted) is hereby amended by inserting, after subclause (2), the following subclause:

“(2A) Subject to subclause (2B) of this regulation, where a nutrition claim is made in relation to the presence of a vitamin or mineral in a food, the label on each package of the food shall, in addition to the information required by subclause (2) of this regulation, bear a statement of the following:

“(a) The number of servings per package of the food; and

“(b) In the case of a vitamin or mineral listed in the Thirteenth Schedule to these regulations, the proportion of the recommended dietary intake of that vitamin or mineral contributed by one serving of the food; and

“(c) The average quantity of that vitamin or mineral in 100 g or 100 ml of the food, as the case may be.

“(2B) Where the only nutrition claim made is about the presence of vitamins or minerals in a food, it shall not be necessary to declare the energy content or the amount of protein, fat, and carbohydrate in the food, or to include the heading ‘nutrition information’, nor shall it be necessary to declare the quantity of the vitamin or mineral per serving.

“(2C) Notwithstanding regulation 14 (1) of these regulations, a nutrition information statement that bears a declaration of energy, fat, protein, and carbohydrate in accordance with subclause (2) of this regulation, may also bear a statement of the sodium and potassium content of the food in accordance with subclause (2A) of this regulation.

“(2D) Where sodium and potassium is declared in accordance with subclause (2C) of this regulation, and the average quantity of sodium or potassium in a serving of the food or, as the case may be, in 100 g or 100 ml of the food, is less than 5 mg, that average quantity may be expressed as ‘less than 5 mg’.”

(3) Regulation 13A of the principal regulations is hereby further amended by revoking subclause (7) and the table to that subclause, and substituting the following subclause:

“(7) Where any vitamin or mineral is declared in the nutrition information statement, it shall be declared by the appropriate name specified in the definition of ‘vitamin’ or ‘mineral’ in regulation 2 (1) of these regulations.”

(4) Regulation 13A of the principal regulations is hereby amended by revoking subclause (11), and substituting the following subclause:

“(11) All nutrients shall be declared in the appropriate metric units.”

(5) Regulation 13A (20)(b) of the principal regulations is hereby amended by inserting, after the word "vitamins", the words "and minerals".

(6) Regulation 13A of the principal regulations is hereby further amended by revoking subclause (21).

5. New regulations substituted—The principal regulations are hereby amended by revoking regulations 14 and 15 (as substituted by regulations 12 and 13 respectively of the Food Regulations 1984, Amendment No. 5), and substituting the following regulations:

"14. Claims as to presence of vitamins and minerals—(1) Subject to the succeeding subclauses of this regulation, a nutrition claim in relation to the presence of a vitamin or mineral in a food other than a special purpose food may be made if—

"(a) The claim is specifically permitted elsewhere in these regulations; or

"(b) The vitamin or mineral is listed in column 1 of the Thirteenth Schedule to these regulations; and

"(i) The food is a claimable food; and

"(ii) The food contains, in a reference quantity of the food, at least 10% of the recommended dietary intake of that vitamin or mineral derived from those ingredients in the food that are primary foods or foods specified in column 1 of the First Table to regulation 20A of these regulations.

"(2) Subject to any other provision of these regulations, a special purpose food may bear a nutrition claim in relation to any vitamin or mineral in that food.

"(3) A nutrition claim that a food is a good source of a vitamin or mineral can only be made if a reference quantity of the food contains at least 25% of the recommended dietary intake for that vitamin or mineral derived from those ingredients in the food that are primary foods or foods specified in column 1 of the First Table to regulation 20A of these regulations.

"(4) A nutrition claim in relation to the presence of a vitamin or mineral in soda water, or mineral water may be made in accordance with subclause (1) (b) of this regulation notwithstanding that the soda water, or mineral water does not comply with subparagraph (i) or (ii) of subclause (1) (b) of this regulation.

"(5) Notwithstanding subclause (1) of this regulation, a nutrition claim about copper, chloride, or manganese may be made in relation to mineral water or soda water.

"15. Restrictions on claims as to presence of vitamins and minerals—(1) The label on a package containing a food must not claim—

"(a) That a vitamin or mineral is present in the food unless the claim is permitted elsewhere in these regulations; or

"(b) That the food is enriched or fortified with a vitamin or mineral; or

"(c) Any comparison, whether expressed or implied, between the vitamin or mineral content of the food with that of any other food, except where expressly permitted elsewhere in these regulations; or

"(d) That a vitamin or mineral is present in the food if such a claim is prohibited elsewhere in these regulations.

"(2) The label on a package containing a food specified in column 1 of the First Table to regulation 20A of these regulations to which a vitamin or mineral has been added must not include a claim that the food contains, in

a reference quantity of the food, that vitamin or mineral in a greater proportion than that specified in column 4 of that table.

“(8) In relation to a claimable food, the maximum amount of a vitamin or mineral that may be claimed in a reference quantity of that food shall be the sum of the amounts calculated in respect of each ingredient of the food in accordance with the following formula:

$$Z = A \times B \times C$$

where:

A (i) In relation to an ingredient that is a primary food or a food specified in column 1 of the First Table to regulation 20A of these regulations to which the vitamin or mineral is present but has not been added, is the amount of the vitamin or mineral in a reference quantity of the ingredient; or

(ii) In relation to an ingredient to which the vitamin or mineral has been added, is the amount of the vitamin or mineral in a reference quantity of the ingredient or the maximum claim for the vitamin or mineral in a reference quantity of the ingredient, whichever is the lesser; and

B is the proportion of the ingredient in the claimable food; and

C is the ratio of the reference quantity of the claimable food to the reference quantity of the ingredient; and

Z is the maximum amount of the vitamin or mineral claimable in respect of the ingredient.

“(4) For the purposes of subclause (2) of this regulation, the maximum claim for vitamin A, vitamin C, or folate in respect of fruit nectars and fruit drinks, and vitamin C in respect of fruit cordial and fruit cordial bases is calculated by—

“(a) For each juice present in the food, multiplying the maximum claim for the vitamin per reference quantity permitted in respect of that juice (as specified in column 4 of the First Table to regulation 20A of these regulations) by the proportion of that juice in the food (in the case of cordial bases, after dilution as directed in the label); and

“(b) Summing all the values thus obtained; and

“(c) Rounding the result, in the case of vitamin C, to the nearest multiple of 5 mg, or in the case of vitamin A and folate, to the nearest multiple of 10 mcg.

“(5) A claim about vitamin C in a food must not include any vitamin C that has been added to the food, or to an ingredient of the food, as an antioxidant.

“15A. **Certain other claims about minerals**—(1) A claim about the salt content of the food shall be considered to be a claim about the sodium content of the food.

“(2) Where any claim is made about the sodium content or salt content of the food, the label on each package of the food shall bear a declaration of the sodium content and the potassium content of the food.

“(3) The word ‘low’, or any word or words of similar meaning, shall not be borne on the label of a package of a food that is intrinsically low in salt or sodium, nor used in an advertisement in connection with any such food, unless the food when ready for consumption contains less than 120 mg sodium per 100 g food.

“(4) The word ‘reduced’, or any word or words of similar meaning, shall not be borne on the label of a package of a food, nor used in an advertisement for a food, in relation to sodium where that food is intrinsically low in sodium.

“(5) The word ‘reduced’, or any word or words of similar meaning, shall not be borne on the label of a package of a food when the composition has been modified from that of its normal counterpart to decrease the level of the salt or sodium, nor used in an advertisement for a food in relation to salt or sodium where the composition of that food has been modified from that of its counterpart to decrease the level of the sodium or salt, unless—

“(a) The food contains at least one-third less sodium or salt compared with its normal counterpart; and

“(b) Every package of that food is labelled with a statement containing—

“(i) The name of the normal counterpart; and

“(ii) A comparison of the amount of sodium in a specified quantity of the food and in the same quantity of the normal counterpart.

“(6) The word ‘low’, or any word or words of similar meaning, shall not be borne on the label of a package of a food in relation to salt or sodium when the composition has been modified from that of its normal counterpart to decrease the level of the salt or sodium, nor used in an advertisement for a food in relation to salt or sodium where the composition of that food has been modified from that of its counterpart to decrease the level of the sodium or salt, unless—

“(a) The food contains at least one-third less sodium or salt compared with its normal counterpart; and

“(b) Every package of that food is labelled with a statement containing—

“(i) The name of the normal counterpart; and

“(ii) A comparison of the amount of sodium in a specified quantity of the food and in the same quantity of the normal counterpart; and

“(iii) The food when ready for consumption contains less than 120 mg sodium per 100 g food.

“(7) A claim on the label of a package of a food or in an advertisement in connection with a food that is intrinsically high or low in salt or sodium shall be made only in respect of a class of food and not specified brands of food.”

6. Exemptions from regulation 13A—Regulation 13A of the principal regulations (as inserted by regulation 17 of the Food Regulations 1984, Amendment No. 5) is hereby amended by revoking subclause (3).

PART II

GENERAL STANDARD FOR VITAMINS AND MINERALS

7. New Part IA inserted—The principal regulations are hereby amended by inserting, after regulation 20, the following heading and regulation:

“PART IA

“GENERAL STANDARD FOR VITAMINS AND MINERALS

“20A. **Addition of vitamins and minerals**—(1) No vitamin or mineral shall be added to a food unless—

“(a) The vitamin or mineral is specifically permitted in any other provision of these regulations to be added in accordance with the provisions of this regulation or, in the case of a special purpose food, the addition is specifically permitted elsewhere in these regulations; and

“(b) The vitamin or mineral is in a permitted form as specified in the Thirteenth Schedule to these regulations or, in the case of a special purpose food, in Schedule 13A to these regulations.

“(2) A food specified in column 1 of the First Table to this regulation may have added to it one or more of the vitamins and minerals specified in column 3 of that table in relation to that food.

“(3) If a proportion is specified in column 5 of the First Table to this regulation, the vitamin or mineral specified in column 3 of that table in relation to that proportion shall not be added to the food specified in column 1 of that table so that the total level of that vitamin or mineral in the reference quantity of that food exceeds the proportion specified.

“(4) Drinking water may have added to it the mineral specified in column 2 of the Second Table to this regulation in the quantity specified in column 3 of that table.

“(5) Iodised salt shall have added to it the mineral specified in column 2 of the Second Table to this regulation in a quantity within the range specified in column 3 of that table.

“FIRST TABLE TO REGULATION 20A
“PERMITTED ADDITION OF VITAMINS AND MINERALS

Column 1	Column 2	Column 3	Column 4	Column 5
Food	Reference Quantity	Vitamins and Minerals	Maximum claim per reference quantity (proportion RDI)	Maximum permitted level of vitamin or mineral per reference quantity
Biscuits containing not more than 20% fat and not more than 5% sugar	35 g	thiamin riboflavin niacin vitamin E vitamin B ₆ folate iron magnesium zinc	0.55 mg (50%) 0.4 mg (25%) 2.5 mg (25%) 2.5 mg (25%) 0.4 mg (25%) 100 mcg (50%) 3.0 mg (25%) 80 mg (25%) 1.8 mg (15%)	

"FIRST TABLE TO REGULATION 20A—continued

"PERMITTED ADDITION OF VITAMINS AND MINERALS—continued

Column 1	Column 2	Column 3	Column 4	Column 5
Food	Reference Quantity	Vitamins and Minerals	Maximum claim per reference quantity (proportion RDI)	Maximum permitted level of vitamin or mineral per reference quantity
Breakfast cereals	normal serving	thiamin riboflavin niacin carotene forms of vitamin A vitamin C vitamin E vitamin B ₆ folate iron calcium magnesium zinc	0.55 mg (50%) 0.4 mg (25%) 2.5 mg (25%) 200 mcg (25%) 10 mg (25%) 2.5 mg (25%) 0.4 mg (25%) 100 mcg (50%) 3.0 mg (25%) 200 mg (25%) 80 mg (25%) 1.8 mg (15%)	
Breads (regulations 35, 37, 39, 41, 42, and 43)	50 g	thiamin riboflavin niacin vitamin E vitamin B ₆ folate iron magnesium zinc	0.55 mg (50%) 0.4 mg (25%) 2.5 mg (25%) 2.5 mg (25%) 0.4 mg (25%) 100 mcg (50%) 3.0 mg (25%) 80 mg (25%) 1.8 mg (15%)	
Flour, wholemeal or wholemeal flour, rye flour, rye meal or kibbled rye, oat flour or oatmeal or rolled oats, maize flour or maize meal, rice flour (or any mixture of any 2 or more of the foregoing)	35 g	thiamin riboflavin niacin vitamin E vitamin B ₆ folate iron magnesium zinc	0.55 mg (50%) 0.4 mg (25%) 2.5 mg (25%) 2.5 mg (25%) 0.4 mg (25%) 100 mcg (50%) 3.0 mg (25%) 80 mg (25%) 1.8 mg (15%)	
Pasta	that amount equivalent to 35 g uncooked dried pasta	thiamin riboflavin niacin vitamin E vitamin B ₆ folate iron magnesium zinc	0.55 mg (50%) 0.4 mg (25%) 2.5 mg (25%) 2.5 mg (25%) 0.4 mg (25%) 100 mcg (50%) 3.0 mg (25%) 80 mg (25%) 1.8 mg (15%)	

“FIRST TABLE TO REGULATION 20A—*continued*
 “PERMITTED ADDITION OF VITAMINS AND MINERALS—*continued*”

Column 1	Column 2	Column 3	Column 4	Column 5
Food	Reference Quantity	Vitamins and Minerals	Maximum claim per reference quantity (proportion RDI)	Maximum permitted level of vitamin or mineral per reference quantity
Butter, margarine, reduced fat spread or reduced fat margarine	10 g	vitamin A vitamin D	110 mcg (15%) 1.0 mcg (10%)	125 mcg 1.6 mcg
Fruit juice, concentrated fruit juice All varieties Blackcurrant Guava Other fruit juice Mango Pawpaw Other fruit juice	200 ml	folate vitamin C vitamin C vitamin C carotene forms of vitamin A carotene forms of vitamin A carotene forms of vitamin A	100 mcg (50%) 500 mg (12.5 times) 400 mg (10 times) 120 mg (3 times) 800 mcg (1.1 times) 300 mcg (40%) 200 mcg (25%)	
Vegetable juice (including tomato juice and concentrated tomato juice)	200 ml	carotene forms of vitamin A vitamin C folate	200 mcg (25%) 60 mg (1.5 times) 100 mcg (50%)	
Fruit nectar, fruit drinks containing at least 25% juice or other portions of fruit, and fruit drink concentrates/bases (that when made up according to directions produce a fruit drink containing at least 25% juice or other portions of fruit)	200 ml	vitamin C folate carotene forms of vitamin A	proportional to juice content (see regulation 15 (4)) proportional to juice content (see regulation 15 (4)) proportional to juice content (see regulation 15 (4))	

"FIRST TABLE TO REGULATION 20A—continued

"PERMITTED ADDITION OF VITAMINS AND MINERALS—continued

Column 1	Column 2	Column 3	Column 4	Column 5
Food	Reference Quantity	Vitamins and Minerals	Maximum claim per reference quantity (proportion RDI)	Maximum permitted level of vitamin or mineral per reference quantity
Fruit cordial or fruit cordial base (that when made up according to directions produce a fruit cordial containing at least 25% juice)	200 ml	vitamin C	proportional to juice content (see regulation 15 (4))	
Food drinks and food drink bases (see regulation 244)	200 ml ready-to-drink or the amount of base that, when prepared according to directions, yields 200 ml ready-to-drink	vitamin A thiamin riboflavin niacin vitamin C vitamin D iron calcium phosphorus	200 mcg (25%) 0.4 mg (35%) 0.8 mg (45%) 3.5 mg (35%) 15 mg (40%) 2.6 mcg (25%) 5 mg (40%) 250 mg (30%) 200 mg (20%)	250 mcg 3.0 mcg
Dried milk or milk powder, skim milk powder or dried non-fat milk solids (derived from cows' milk)	200 ml prepared as directed	riboflavin vitamin A vitamin D	0.4 mg (25%) 110 mcg (15%) no claim permitted	125 mcg 0.08 mcg
Skim milk or non fat milk, reduced fat milk (derived from cows' milk)	200 ml	vitamin A vitamin D calcium*	110 mcg (15%) no claim permitted 400 mg (50%)	125 mcg 0.08 mcg
Cheese and cheese products (regulations 113 to 118 inclusive)	25 g	vitamin A calcium phosphorus	110 mcg (15%) 200 mg (25%) 150 mg (15%)	125 mcg

*The restriction on claims only applies where calcium salts have been added.

"FIRST TABLE TO REGULATION 20A—continued
 "PERMITTED ADDITION OF VITAMINS AND MINERALS—continued

Column 1	Column 2	Column 3	Column 4	Column 5
Food	Reference Quantity	Vitamins and Minerals	Maximum claim per reference quantity (proportion RDI)	Maximum permitted level of vitamin or mineral per reference quantity
Protein products: Beverages derived from legumes (beverages containing not less than 3% protein derived from legumes)	200 ml	thiamin riboflavin vitamin A vitamin B ₆ vitamin B ₁₂ vitamin D folate calcium iodine phosphorus magnesium zinc	No claim permitted 0.4 mg (25%) 110 mcg (15%) No claim permitted 0.8 mcg (40%) No claim permitted No claim permitted 240 mg (30%) No claim permitted 200 mg (20%) No claim permitted No claim permitted	0.10 mg 125 mcg 0.12 mg 0.08 mcg 12 mcg 15 mcg 22 mg 0.8 mg
Textured vegetable protein	100 g	thiamin riboflavin niacin vitamin B ₆ vitamin B ₁₂ folate iron magnesium zinc	0.16 mg (15%) 0.26 mg (15%) 5.0 mg (50%) 0.5 mg (30%) 2.0 mcg (100%) No claim permitted 3.5 mg (25%) No claim permitted 4.4 mg (35%)	10 mcg 26 mg 15 mcg
Other protein products (other than beverages derived from legumes and textured vegetable protein)	Normal serving	Levels to be added so that the final product contains levels typical of the product of which it is an analogue		
Extracts of meat, vegetable or yeast (including modified yeast), and foods containing not less than 80% of the extracts of the above	5 g	thiamin riboflavin niacin vitamin B ₆ vitamin B ₁₂ folate iron	0.55 mg (50%) 0.43 mg (25%) 2.5 mg (25%) 0.4 mg (25%) 0.5 mcg (25%) 100 mcg (50%) 1.8 mg (15%)	

**“SECOND TABLE TO REGULATION 20A
“PERMITTED ADDITION OF MINERALS TO DRINKING WATER
AND IODISED SALT**

Column 1	Column 2	Column 3
Food	Mineral	Quantity permitted
Drinking water	fluorine as fluoride	Not less than 0.7 mg/ℓ and not more than 1.0 mg/ℓ
Iodised salt	iodine as iodide	Not less than 40 mg/kg and not more than 80 mg/kg”

PART III

STANDARDS AND PARTICULAR LABELLING REQUIREMENTS

8. Flour—Regulation 22 of the principal regulations (as substituted by regulation 19 of the Food Regulations 1984, Amendment No. 5) is hereby amended by inserting, after subclause (4), the following subclause:

“(4A) Flour or wheat flour may contain vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

9. Wholemeal or wholemeal flour—Regulation 23 of the principal regulations (as substituted by regulation 19 of the Food Regulations 1984, Amendment No. 5) is hereby amended by adding, after subclause (3), the following subclause:

“(4) Wholemeal or wholemeal flour may contain vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

10. Rye flour, rye meal, and kibbled rye—Regulation 27 of the principal regulations (as substituted by regulation 19 of the Food Regulations 1984, Amendment No. 5) is hereby amended by adding, after subclause (2), the following subclause:

“(3) Rye flour, rye meal, and kibbled rye may contain vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

11. Oat flour, oatmeal, or rolled oats—Regulation 28 of the principal regulations (as substituted by regulation 19 of the Food Regulations 1984, Amendment No. 5) is hereby amended by adding, after subclause (2), the following subclause:

“(3) Oat flour, oatmeal, or rolled oats may contain vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

12. Maize flour and maize meal—Regulation 29 of the principal regulations (as substituted by regulation 19 of the Food Regulations 1984, Amendment No. 5) is hereby amended by adding, after subclause (2), the following subclause:

“(3) Maize flour and maize meal may contain vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

13. Rice—Regulation 33 of the principal regulations is hereby amended by inserting, after subclause (5), the following subclause:

“(5A) Rice flour may contain vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

14. Bread—Regulation 35(3) of the principal regulations is hereby amended by adding, after paragraph (o) (as substituted by regulation 23 (4) of the Food Regulations 1984, Amendment No. 5), the following paragraph:

“(p) Vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

15. Specialty bread—The principal regulations are hereby amended by revoking regulation 42 (as substituted by regulation 9 of the Food Regulations 1984, Amendment No. 9), and substituting the following regulation:

“42. Specialty bread shall be bread that contains one or more of the following:

“Fruit:

“Nuts (including seeds):

“Other foodstuffs:

“Flavouring:

“Spices:

“The colouring substance caramel.”

16. Flour confectionery—(1) Regulation 45 (2) of the principal regulations is hereby amended by revoking paragraph (e) (as substituted by regulation 10 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(e) Flavouring:”.

(2) Regulation 45 of the principal regulations is hereby amended by inserting, after subclause (4), the following subclause:

“(4A) Biscuits containing not more than 20% fat and not more than 5% sugar may contain vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

17. Breakfast cereals—(1) Regulation 48 of the principal regulations (as substituted by regulation 2 of the Food Regulations 1984, Amendment No. 8) is hereby amended by revoking paragraph (e) of subclause (2), and substituting the following paragraph:

“(e) Flavouring:”.

(2) Regulation 48 of the principal regulations (as so substituted) is hereby further amended by adding in subclause (2), after paragraph (i), the following paragraph:

“(j) Vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

(3) Regulation 48 of the principal regulations (as so substituted) is hereby further amended by revoking subclauses (3) to (7).

(4) The Food Regulations 1984, Amendment No. 11 are hereby revoked.

18. Pasta—(1) Regulation 49 (4) of the principal regulations is hereby amended by revoking paragraph (f) (as substituted by regulation 11 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(f) Flavouring:”.

(2) Regulation 49 (4) of the principal regulations is hereby further amended by adding, after paragraph (g), the following paragraph:

“(h) Vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

19. Table confections—(1) Regulation 50 of the principal regulations is hereby amended by revoking subclause (3) (as amended by regulation 12 of the Food Regulations 1984, Amendment No. 9), and substituting the following subclause:

“(3) Table confections may also contain any of the following:

“(a) Salt:

“(b) Flavouring:

“(c) Spices:

“(d) Any colouring substance specified in the table to regulation 250 (2) of these regulations:

“(e) Any food conditioner specified in paragraphs (a) to (d) of regulation 253 (2) of these regulations:

“(f) Any anticaking agent specified in regulation 254 (2) of these regulations.”

(2) Regulations 12 (1) and 12 (2) of the Food Regulations 1984, Amendment No. 9 are hereby consequentially revoked.

20. Fresh meat or chilled meat—Regulation 57 of the principal regulations is hereby amended by adding, as subclause (2), the following subclause:

“(2) The surface of fresh poultry carcasses or chilled poultry carcasses may be treated with the acidity regulator sodium diacetate.”

21. Dried meat—Regulation 59 (2) of the principal regulations is hereby amended by revoking paragraph (c) (as substituted by regulation 13 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(c) Flavouring.”

22. Canned meat—Regulation 60 (3) of the principal regulations is hereby amended by revoking paragraph (d) (as substituted by regulation 14 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(d) Flavouring.”

23. Corned, cured, or salted meat, and pickled meat—Regulation 61 (3) of the principal regulations (as amended by regulation 15 (1) of the Food Regulations 1984, Amendment No. 9) is hereby amended by omitting the words “permitted flavouring substances”, and substituting the word “flavouring”.

24. Smoked meat—Regulation 62 (5) of the principal regulations is hereby amended by revoking paragraph (b) (as substituted by regulation 16 (3) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(b) Flavouring, except smoke flavour.”

25. Hamburger meat or hamburger patty—Regulation 66 (1) of the principal regulations is hereby amended by revoking paragraph (g) (as substituted by regulation 17 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(g) Flavouring.”

26. Manufactured meat—Regulation 67 (5) of the principal regulations is hereby amended by revoking paragraph (c) (as substituted by regulation 18 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(c) Flavouring:”.

27. Meat with sauce and other foodstuffs—Regulation 70 (2) of the principal regulations is hereby amended by revoking paragraph (b) (as substituted by regulation 19 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(b) Flavouring:”.

28. Meat pie—Regulation 71 (1) of the principal regulations is hereby amended by revoking paragraph (c) (as substituted by regulation 20 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(c) Flavouring:”.

29. Cured fish or salted fish—Regulation 82 of the principal regulations is hereby amended by adding, after subclause (4), the following subclause:

“(5) Fish roe may contain the preservative benzoic acid (or sodium benzoate calculated as benzoic acid) in a proportion not exceeding the maximum specified in the table to regulation 248 (7) of these regulations in relation to fish roe.”

30. Canned fish—Regulation 84 (2) of the principal regulations is hereby amended by revoking paragraph (e) (as substituted by regulation 23 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(e) Flavouring:”.

31. Manufactured fish—Regulation 85 (3) of the principal regulations is hereby amended by revoking paragraph (f) (as substituted by regulation 24 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(f) Flavouring:”.

32. Margarine—(1) Regulation 88 of the principal regulations (as substituted by regulation 2 of the Food Regulations 1984, Amendment No. 3) is hereby amended by revoking paragraph (e) of subclause (3), and substituting the following paragraph:

“(e) Flavouring:”.

(2) Regulation 88 of the principal regulations (as so substituted) is hereby further amended by revoking paragraph (k) of subclause (3), and substituting the following paragraph:

“(k) Vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

33. Reduced fat spread or reduced fat margarine—(1) Regulation 88A of the principal regulations (as substituted by regulation 2 of the Food Regulations 1984, Amendment No. 3) is hereby amended by revoking paragraph (f) of subclause (2), and substituting the following paragraph:

“(f) Flavouring:”.

(2) Regulation 88A of the principal regulations (as so substituted) is hereby further amended by revoking paragraph (m) of subclause (2), and substituting the following paragraph:

“(m) Vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

34. Flavoured milk—(1) Regulation 97 of the principal regulations (as substituted by regulation 9 of the Food Regulations 1984, Amendment No. 2) is hereby amended by omitting from subclause (1) (as substituted by regulation 28 of the Food Regulations 1984, Amendment No. 9) the words “permitted flavouring substance”, and substituting the word “flavouring”.

(2) Regulation 97 of the principal regulations (as so substituted) is hereby further amended by omitting from subclause (4) the words “permitted flavouring substances”, and substituting the word “flavouring”.

35. Skim milk or non-fat milk—Regulation 98 of the principal regulations is hereby amended by inserting, after subclause (3), the following subclause:

“(3A) Skim milk derived from cows’ milk or non-fat milk derived from cows’ milk may contain vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

36. Reduced-fat milk—Regulation 98A of the principal regulations (as inserted by regulation 11 of the Food Regulations 1984, Amendment No. 2) is hereby amended by inserting, after subclause (3), the following subclause:

“(3A) Reduced-fat milk derived from cows’ milk may contain vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

37. Whipping cream or whipped cream—(1) Regulation 100 (3) of the principal regulations is hereby amended by revoking paragraph (c) (as substituted by regulation 29 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(c) Flavouring.”

(2) Regulation 29 of the Food Regulations 1984, Amendment No. 9 is hereby consequentially revoked.

38. Light cream and light sour cream—(1) The principal regulations are hereby amended by revoking regulation 101, and substituting the following regulation:

“101. (1) Light cream shall be the product obtained from milk or cream, containing milk fat with or without the addition of milk or skim milk.

“(2) It shall contain not less than 10% but less than 20% milk fat.

“(3) The final composition of light cream may be adjusted by the addition of milk, skim milk, skim milk powder, or reconstituted skim milk.

“(4) It shall be pasteurised, ultra heat treated, or canned, or manufactured from pasteurised milk products.

“(5) It may contain any of the following:

“(a) Any acidity regulator specified in regulation 253 (2) (c) of these regulations:

“(b) Any stabiliser or thickener specified in regulation 253 (2) (b) of these regulations:

“(c) Flavouring:

“(d) Not more than 2% added milk solids not fat:

“(e) Not more than 0.1% added caseinates:

“(f) Sugar.

“(6) Light sour cream shall be light cream that has been soured by the addition of any acidity regulator specified in regulation 253 (2) (c) of these regulations or by cultures of suitable lactic acid producing bacteria.

“(7) Light sour cream shall have an acidity of not less than 0.6% calculated as lactic acid.

“(8) The word ‘cultured’ may be used to describe a light sour cream that has been produced by the use of cultures of suitable lactic acid producing bacteria.”

(2) Regulation 30 of the Food Regulations 1984, Amendment No. 9 is hereby consequentially revoked.

39. Reduced cream, pouring cream, and sour cream—

(1) Regulation 102 (5) of the principal regulations is hereby amended by revoking paragraph (c) (as substituted by regulation 31 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(c) Flavouring:”.

(2) Regulation 102 (5) of the principal regulations is hereby further amended by adding, after paragraph (c), the following paragraph:

“(f) Sugar.”

(3) Regulation 31 of the Food Regulations 1984, Amendment No. 9 is hereby consequentially revoked.

40. Cream filling, cake cream, or sponge cream—Regulation 103 (1) of the principal regulations is hereby amended by revoking paragraph (c) (as substituted by regulation 32 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(c) Flavouring:”.

41. Labelling of milk and milk products—(1) Regulation 105 (5) of the principal regulations is hereby amended by inserting, after the words “pasteurised light cream”, the words “or pasteurised light sour cream”.

(2) Regulation 105 (14) of the principal regulations (as amended by regulation 33 (2) of the Food Regulations 1984, Amendment No. 9) is hereby amended by inserting, after the words “light cream”, the words “or light sour cream”.

(3) Regulation 105 (15) of the principal regulations is hereby amended by inserting, after the words “light cream”, the words “or light sour cream”.

(4) Regulation 105 of the principal regulations is hereby amended by revoking subclause (16), and substituting the following subclause:

“(16) The label on each package of light cream or light sour cream shall bear, as the name or part of the name of the food, the words ‘light cream’ or the words ‘light sour cream’, as the case may require.”

42. Milk powder or dried milk—Regulation 109 of the principal regulations is hereby amended by inserting, after subclause (4), the following subclause:

“(4A) Milk powder derived from cows’ milk and dried milk derived from cows’ milk may contain vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

43. Skim milk powder or dried non-fat milk solids—Regulation 110 of the principal regulations is hereby amended by inserting, after subclause (3), the following subclause:

“(3A) Skim milk powder derived from cows’ milk and dried non-fat milk solids derived from cows’ milk may contain vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

44. Butter—(1) Regulation 111 of the principal regulations (as substituted by regulation 34 of the Food Regulations 1984, Amendment No. 9) is hereby amended by inserting, after subclause (6), the following subclause:

“(6A) Butter may contain vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

(2) Regulation 111 of the principal regulations (as so substituted) is hereby amended by revoking subclause (8), and substituting the following subclause:

“(8) It may contain flavouring (except flavouring that could, when added to the product, resemble the flavour of butter), spices, and foodstuffs intended for flavouring purposes, if the label on each package of the food bears, in association with the name of the food, a statement that adequately describes the flavouring used.”

45. Cheese—(1) Regulation 113 (4) of the principal regulations is hereby amended by revoking paragraph (e) (as substituted by regulation 36 (3) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(e) Flavouring, spices, and foodstuffs for flavouring purposes, if their use is appropriate for the variety of cheese named:”

(2) Regulation 113 (4) of the principal regulations is hereby further amended by adding, after paragraph (g), the following paragraph:

“(h) Vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

(3) Regulation 36 (3) of the Food Regulations 1984, Amendment No. 9 is hereby consequentially revoked.

46. Whey cheese—Regulation 114 of the principal regulations is hereby amended by inserting, after subclause (2), the following subclause:

“(2A) Whey cheese may contain vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

47. Processed cheese—(1) Regulation 115 (2) of the principal regulations is hereby amended by revoking paragraph (f) (as substituted by regulation 37 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(f) Flavouring:”

(2) Regulation 115 (2) of the principal regulations is hereby further amended by adding, after paragraph (i), the following paragraph:

“(m) Vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

48. General standard for cultured milks and fermented milks—Regulation 118A of the principal regulations (as inserted by regulation 45 of the Food Regulations 1984, Amendment No. 5) is hereby amended by omitting from subclause (4) (as amended by regulation 38 (1) of the Food Regulations 1984, Amendment No. 9) the words “permitted flavouring substances”, and substituting the word “flavouring”.

49. Cultured buttermilk—Regulation 118B of the principal regulations (as inserted by regulation 45 of the Food Regulations 1984, Amendment No. 5) is hereby amended by omitting from subclause (7) (as amended by regulation 39 (1) of the Food Regulations 1984, Amendment No. 9) the words “permitted flavouring substances”, and substituting the word “flavouring”.

50. Yoghurt—(1) Regulation 119 (11) of the principal regulations is hereby amended by omitting the words “permitted flavouring substances, or spices” (as substituted by regulation 40 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the words “flavouring, or spices”.

(2) Regulation 119 of the principal regulations is hereby amended by revoking subclause (12A) (as substituted by regulation 46 (2) of the Food Regulations 1984, Amendment No. 5) and subclause (12B) (as substituted by regulation 40 (3) of the Food Regulations 1984, Amendment No. 9), and substituting the following subclauses:

“(12A) Flavouring yoghurt may contain any of the artificial sweeteners aspartame, alitame, and sucralose if—

“(a) The food complies with regulation 13C (3) of these regulations; and

“(b) The label on each package of the food bears the words ‘reduced energy’, or any word or words of similar meaning.

“(12B) The label on each package of flavoured yoghurt that contains aspartame, alitame, or sucralose shall also bear, in 3 mm lettering, in the principal display panel, the words ‘Artificially sweetened’, or the words ‘Contains artificial sweetener’, or the words ‘Artificially sweetened with’ and the name of the artificial sweetener or sweeteners.”

(3) The following regulations are hereby consequentially revoked:

(a) Regulation 46 (2) of the Food Regulations 1984, Amendment No. 5:

(b) Regulation 40 (1) and 40 (2) of the Food Regulations 1984, Amendment No. 9.

51. Rennet—Regulation 120 (3) of the principal regulations is hereby amended by revoking paragraph (c), and substituting the following paragraph:

“(c) Flavouring:”.

52. Ice cream—Regulation 121 of the principal regulations (as substituted by regulation 41 of the Food Regulations 1984, Amendment No. 9) is hereby amended by revoking paragraph (e) of subclause (2), and substituting the following paragraph:

“(e) Flavouring:”.

53. Vinegar—Regulation 123 (4) of the principal regulations (as amended by regulation 43 of the Food Regulations 1984, Amendment No. 9) is hereby amended by omitting the words “permitted flavouring substances”, and substituting the word “flavouring”.

54. Salad dressing or salad cream—Regulation 125 of the principal regulations (as substituted by regulation 15 of the Food Regulations 1984, Amendment No. 2) is hereby amended by revoking paragraph (e) of subclause (2) (as substituted by regulation 44 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(e) Flavouring:”.

55. Mayonnaise—Regulation 126 (2) of the principal regulations is hereby amended by revoking paragraph (c) (as substituted by regulation 45 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(c) Flavouring:”.

56. Pickles and chutney—Regulation 127 (3) of the principal regulations is hereby amended by revoking paragraph (e) (as substituted

by regulation 46 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(e) Flavouring:”.

57. Sauce, gravy, and topping—Regulation 128 of the principal regulations (as substituted by regulation 17 (1) of the Food Regulations 1984, Amendment No. 2) is hereby amended by revoking paragraph (f) of subclause (2) (as substituted by regulation 47 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(f) Flavouring:”.

58. Tomato sauce—Regulation 129 of the principal regulations (as substituted by regulation 18 of the Food Regulations 1984, Amendment No. 2) is hereby amended by revoking paragraph (e) of subclause (1) (as substituted by regulation 48 (2) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(e) Flavouring:”.

59. Coloured sugar—The principal regulations are hereby amended by revoking regulation 139.

60. Confectionery—(1) Regulation 149 of the principal regulations (as substituted by regulation 20 (1) of the Food Regulations 1984, Amendment No. 2) is hereby amended by revoking paragraph (c) of subclause (2) (as substituted by regulation 49 (2) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(c) Flavouring:”.

(2) Regulation 149 of the principal regulations (as so substituted) is hereby further amended by omitting from subclause (6) (as substituted by regulation 49 (3) of the Food Regulations 1984, Amendment No. 9) the words “flavouring substances”, and substituting the word “flavouring”.

(3) Regulation 149 of the principal regulations is hereby further amended by revoking paragraph (c) of subclause (7) (as amended by regulation 49 (4) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(c) The artificial sweeteners aspartame, alitame, thaumatin, or sucralose, provided that the chewing gum does not contain any carbohydrate sweetener.”

(4) Regulation 49 (4) of the Food Regulations 1984, Amendment No. 9 is hereby consequentially revoked.

61. Almond-flavoured paste or almond-flavoured icing—Regulation 151 (2) of the principal regulations (as substituted by regulation 51 of the Food Regulations 1984, Amendment No. 9) is hereby amended by revoking paragraph (b), and substituting the following paragraph:

“(b) Flavouring:”.

62. Tea—Regulation 153 of the principal regulations is hereby amended by revoking subclause (7), and substituting the following subclause:

“(7) Tea may contain flavouring (except a flavouring that could, when added to the food, resemble the flavour of tea) and spices, if the label on each package of the food bears, in association with the name of the food, a term that adequately describes the flavouring added (such as ‘lemon scented tea’).”

63. Coffee—Regulation 155 of the principal regulations is hereby amended by revoking subclause (8), and substituting the following subclause:

“(8) Coffee may contain flavouring (except a flavouring that could, when added to the food, resemble the flavour of coffee) and spices, if the label on each package of the food bears, in association with the name of the food, a term that adequately describes the flavouring added.”

64. Cocoa or cocoa powder—(1) Regulation 164 of the principal regulations (as substituted by regulation 56 of the Food Regulations 1984, Amendment No. 5) is hereby amended by revoking paragraph (b) of subclause (3), and substituting the following paragraph:

“(b) Flavouring (except a flavouring that could, when added to the product, resemble the flavour of chocolate) and spices:”

(2) Regulation 164 of the principal regulations (as so substituted) is hereby further amended by revoking paragraph (c) of subclause (4) (as added by regulation 55 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(c) Flavouring:”

65. Chocolate—Regulation 166(4) of the principal regulations is hereby amended by omitting from paragraph (a) the words “Permitted flavouring substances”, and substituting the word “Flavouring”.

66. White chocolate—Regulation 166A of the principal regulations (as inserted by regulation 57 of the Food Regulations 1984, Amendment No. 9) is hereby amended by revoking paragraph (a) of subclause (3), and substituting the following paragraph:

“(a) Flavouring:”

67. Compounded chocolate—Regulation 166B of the principal regulations (as inserted by regulation 57 of the Food Regulations 1984, Amendment No. 9) is hereby amended by revoking paragraph (a) of subclause (3), and substituting the following paragraph:

“(a) Flavouring:”

68. Canned vegetables—Regulation 170(2) of the principal regulations is hereby amended by revoking paragraph (b) (as substituted by regulation 59 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(b) Flavouring:”

69. Frozen vegetables—Regulation 171(3) of the principal regulations is hereby amended by revoking paragraph (c) (as substituted by regulation 60(1) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(c) Flavouring:”

70. Fried or partially fried potatoes—Regulation 172 of the principal regulations (as substituted by regulation 60 of the Food Regulations 1984, Amendment No. 5) is hereby amended by revoking paragraph (f) of subclause (2) (as substituted by regulation 61 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(f) Flavouring:”

71. Potato crisps—Regulation 172A of the principal regulations (as inserted by regulation 60 of the Food Regulations 1984, Amendment

No. 5) is hereby amended by revoking paragraph (b) of subclause (2) (as substituted by regulation 62 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(b) Flavouring.”.

72. Vegetable juice—(1) Regulation 174 (5) of the principal regulations is hereby amended by adding, after paragraph (e), the following paragraph:

“(f) Vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

(2) Regulation 174 of the principal regulations is hereby amended by omitting from subclause (7) (as amended by regulation 64 (2) of the Food Regulations 1984, Amendment No. 9) the words “permitted flavouring substances”, and substituting the word “flavouring”.

73. Candied vegetables and imitation candied fruit—Regulation 179A of the principal regulations (as inserted by regulation 24 of the Food Regulations 1984, Amendment No. 2) is hereby amended by revoking paragraph (d) of subclause (4) (as substituted by regulation 66 (3) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(d) Flavouring.”.

74. Canned fruit—Regulation 181 (2) of the principal regulations is hereby amended by revoking paragraph (b) (as substituted by regulation 67 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(b) Flavouring.”.

75. Fruit mince or mincemeat—Regulation 182 (2) of the principal regulations is hereby amended by revoking paragraph (f), and substituting the following paragraph:

“(f) Flavouring.”

76. Fruit juice—Regulation 183 (4) of the principal regulations is hereby amended by adding, after paragraph (e), the following paragraph:

“(f) Vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

77. Concentrated fruit juice—Regulation 184 (5) of the principal regulations is hereby amended by adding, after paragraph (c) (as substituted by regulation 2 (1) of the Food Regulations 1984, Amendment No. 6), the following paragraph:

“(d) Vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

78. Jam-setting compound—Regulation 192 (2) of the principal regulations is hereby amended by revoking paragraph (b), and substituting the following paragraph:

“(b) Flavouring.”.

79. Nuts—Regulation 193 (4) of the principal regulations is hereby amended by omitting from paragraph (d) (as amended by regulation 73 (1) of the Food Regulations 1984, Amendment No. 9) the words “Permitted flavouring substances”, and substituting the word “Flavouring”.

80. Coconut and coconut products—(1) Regulation 195 of the principal regulations (as substituted by regulation 71 of the Food

Regulations 1984, Amendment No. 5) is hereby amended by revoking subparagraph (vi) of subclause (3) (b) (as substituted by regulation 75 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the following subparagraph:

“(vi) Flavouring:”.

(2) Regulation 195 of the principal regulations (as so substituted) is hereby further amended by revoking subparagraph (ii) of subclause (6) (b) (as substituted by regulation 75 (3) of the Food Regulations 1984, Amendment No. 9), and substituting the following subparagraph:

“(ii) Flavouring:”.

81. Iodised salt or iodised table salt—The principal regulations are hereby amended by revoking regulation 198, and substituting the following regulation:

“198. (1) Iodised salt or iodised table salt shall be table salt to which has been added iodine in accordance with the provisions of regulation 20A of these regulations.

“(2) It may contain sodium thiosulphate and sodium carbonate, each in a proportion not exceeding 1000 ppm.”

82. Mustard powder, mustard flour, etc.—Regulation 201 (1) of the principal regulations is hereby amended by revoking paragraph (d) (as substituted by regulation 76 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(d) Flavouring:”.

83. Soup—Regulation 205 (2) of the principal regulations is hereby amended by revoking paragraph (b) (as substituted by regulation 78 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(b) Flavouring:”.

84. Drinking water and ice—Regulation 207 of the principal regulations is hereby amended by adding, after subclause (3) (as added by regulation 79 of the Food Regulations 1984, Amendment No. 9), the following subclause:

“(4) Drinking water and ice may contain fluorine in accordance with the provisions of regulation 20A of these regulations.”

85. Fruit syrup or fruit cordial—Regulation 209 (4) of the principal regulations is hereby amended by adding, after paragraph (e), the following paragraph:

“(f) Vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

86. Fruit flavoured syrup or fruit flavoured cordial—Regulation 210 (3) of the principal regulations is hereby amended by revoking paragraph (c), and substituting the following paragraph:

“(c) Flavouring:”.

87. Artificial syrup or artificial cordial—Regulation 211 (1) of the principal regulations is hereby amended by omitting the words “permitted flavouring substances”, and substituting the word “flavouring”.

88. Fruit drink—Regulation 212 of the principal regulations is hereby amended by inserting, after subclause (3), the following subclause:

“(3A) Fruit drink that contains at least 25% fruit juice, or 25% fruit juice and other portions of fruit, may contain vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

89. Fruit nectar—Regulation 213 (8) of the principal regulations is hereby amended by adding, after paragraph (c), the following paragraph:

“(d) Vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

90. Fruit flavoured drink—Regulation 214 (2) of the principal regulations is hereby amended by revoking paragraph (c), and substituting the following paragraph:

“(c) Flavouring.”

91. Artificial drink—Regulation 215 (1) of the principal regulations is hereby amended by revoking paragraph (b), and substituting the following paragraph:

“(b) Flavouring.”

92. Drink flavour or drink concentrate—Regulation 216 (3) of the principal regulations is hereby amended by revoking paragraph (b) (as substituted by regulation 87 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(b) Flavouring, spices, and foodstuffs intended for flavouring purposes.”

93. Beer—Regulation 218 (2) of the principal regulations is hereby amended by revoking paragraph (db) (as inserted by regulation 88 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(db) Flavouring.”

94. Wine-based drink—(1) Regulation 222 of the principal regulations is hereby amended by revoking subclause (1), and substituting the following subclause:

“(1) Wine-based drink shall be wine, sparkling wine, or dessert wine to which has been added any of the following:

“(a) Any foodstuff, except a foodstuff that contains added flavouring that could, when added to the foodstuff, resemble the flavour of grapes, or resemble any style of wine, dessert wine, or sparkling wine:

“(b) Any flavouring and spices, except flavouring that could, when added to the product, resemble the flavour of grapes or resemble the flavour of any style of wine, dessert wine, or sparkling wine.”

(2) Regulation 90 (1) of the Food Regulations 1984, Amendment No. 9 is hereby consequentially revoked.

95. Wine cocktail, vermouth, or wine aperitif—(1) Regulation 223 (1) of the principal regulations is hereby amended by revoking paragraph (c), and substituting the following paragraph:

“(c) Any flavouring and spices, except flavouring that could, when added to the product, resemble the flavour of grapes, or resemble the flavour of any style of wine, dessert wine, or sparkling wine.”

(2) Regulation 91 (1) of the Food Regulations 1984, Amendment No. 9 is hereby consequentially revoked.

96. Labelling of wine and wine products—Regulation 225 (9) of the principal regulations is hereby amended by omitting the word “substance”.

97. Flavoured fruit wine, flavoured vegetable wine, fruit wine cocktail, fruit wine cooler, vegetable wine cocktail, vegetable wine cooler, aperitif fruit wine, and aperitif vegetable wine—Regulation 229 of the principal regulations (as substituted by regulation 30 of the Food Regulations 1984, Amendment No. 2) is hereby amended by revoking paragraph (c) of subclause (1) (as substituted by regulation 92 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(c) Flavouring:”.

98. General standard for spirits—Regulation 233 of the principal regulations (as substituted by regulation 90 of the Food Regulations 1984, Amendment No. 5) is hereby amended by revoking paragraph (b) of subclause (7) (as substituted by regulation 94 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(b) Flavouring:”.

99. Brandy—Regulation 233A of the principal regulations (as substituted by regulation 90 of the Food Regulations 1984, Amendment No. 5) is hereby amended by revoking paragraph (d) of subclause (3) (as substituted by regulation 95 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(d) Flavouring:”.

100. Whisky—Regulation 233B of the principal regulations (as substituted by regulation 90 of the Food Regulations 1984, Amendment No. 5) is hereby amended by revoking paragraph (b) of subclause (6) (as substituted by regulation 96 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(b) Flavouring:”.

101. Vodka—Regulation 233C of the principal regulations (as substituted by regulation 90 of the Food Regulations 1984, Amendment No. 5) is hereby amended by revoking paragraph (b) of subclause (3) (as substituted by regulation 97 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(b) Flavouring:”.

102. Rum—Regulation 233D of the principal regulations (as substituted by regulation 90 of the Food Regulations 1984, Amendment No. 5) is hereby amended by revoking paragraph (c) of subclause (3) (as substituted by regulation 98 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(c) Flavouring:”.

103. Fruit brandy—Regulation 233E of the principal regulations (as substituted by regulation 90 of the Food Regulations 1984, Amendment No. 5) is hereby amended by revoking paragraph (c) of subclause (2) (as substituted by regulation 99 of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(c) Flavouring:”.

104. Liqueur—Regulation 234 of the principal regulations (as substituted by regulation 90 of the Food Regulations 1984, Amendment No. 5) is hereby amended by revoking paragraph (c) of subclause (3), and substituting the following paragraph:

“(c) Flavouring:”.

105. General alcoholic drinks—Regulation 235 of the principal regulations (as substituted by regulation 90 of the Food Regulations 1984, Amendment No. 5) is hereby amended by revoking paragraph (b) of subclause (3) (as substituted by regulation 101 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(b) Flavouring:”.

106. Special purpose foods—Regulation 237 (7) of the principal regulations is hereby amended by revoking paragraph (c) (as substituted by regulation 102 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the following paragraph:

“(c) Flavouring:”.

107. Gluten-free foods—(1) Regulation 239 of the principal regulations is hereby amended by revoking subclause (3A) (as substituted by regulation 103 (1) of the Food Regulations 1984, Amendment No. 9), and substituting the following subclause:

“(3A) Gluten-free bread and gluten-free breadmix may contain glucono delta-lactone, any stabiliser listed in regulation 253 (2) (b) of these regulations, vitamins and minerals in accordance with regulation 20A of these regulations, and sodium bicarbonate.

(2) Regulation 103 of the Food Regulations 1984, Amendment No. 9 is hereby consequentially revoked.

108. Infant formula—Regulation 242 of the principal regulations is hereby amended by revoking paragraph (c) of subclause (6) (as substituted by regulation 98 (1) of the Food Regulations 1984, Amendment No. 5), and substituting the following paragraph:

“(c) The quantity of each vitamin and mineral in the food, expressed in mg or mcg.”

109. Supplementary foods for infants and young children—Regulation 243 (2) of the principal regulations is hereby amended by revoking paragraph (e), and substituting the following paragraph:

“(e) Flavouring:”.

PART IV

FOOD NOT ELSEWHERE STANDARDISED

110. Food not elsewhere standardised—(1) Regulation 244 of the principal regulations (as substituted by regulation 108 (1) of the Food Regulations 1984, Amendment No. 9) is hereby amended by revoking paragraph (b) of subclause (3), and substituting the following paragraph:

“(b) Flavouring:”.

(2) Regulation 244 of the principal regulations (as so substituted) is hereby further amended by revoking subclause (5), and substituting the following subclause:

“(5) A protein product that is an analogue for a food such as meat or a particular meat product, fish or a particular fish product, milk or a particular milk product, or eggs or a particular egg product, may contain—

“(a) Vitamins and minerals in accordance with the provisions of regulation 20A of these regulations:

“(b) Amino acids at levels typical of the product of which it is an analogue.”

(3) Regulation 244 of the principal regulations (as so substituted) is hereby further amended by adding, after subclause (6), the following subclauses:

“(7) Extracts of meat, vegetable, or yeast (including modified yeast), and foods containing not less than 80% of these extracts, may contain vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.

“(8) A food drink base that—

“(a) Contains not less than 51% milk powder or skim milk powder, or, if intended to be consumed with milk, contains not less than 25% solids derived from cereals; and

“(b) Contains at least 10% of the RDI of 5 or more of the vitamins and minerals listed in column 3 of the First Table to regulation 20A of these regulations per reference quantity—

may contain vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.

“(9) A food drink that is a ready-to-drink liquid made either from—

“(a) A drink base described in subclause (8) of this regulation; or

“(b) The components of a drink base and which complies with the requirement set out in subclause (8)(b) of this regulation—

may contain vitamins and minerals in accordance with the provisions of regulation 20A of these regulations.”

PART V

FOOD ADDITIVES

111. General provisions—(1) Regulation 245 of the principal regulations is hereby amended by revoking subclause (7) (as added by regulation 101 of the Food Regulations 1984, Amendment No. 5).

(2) Regulation 101 of the Food Regulations 1984, Amendment No. 5 is hereby consequentially revoked.

112. Preservatives—(1) The table to regulation 248 (7) of the principal regulations is hereby amended by inserting, after the item relating to uncooked shrimps and uncooked prawns, but before the item relating to reduced fat spread or reduced fat margarine (as inserted by regulation 3 of the Food Regulations 1984, Amendment No. 3), the following item:

“Fish roe — 3000 —.”

(2) The table to regulation 248 (7) of the principal regulations is hereby further amended by omitting the item relating to raw peeled potatoes for use in the manufacture of potato wafer crisps.

113. Artificial sweeteners—(1) Regulation 251 of the principal regulations (as substituted by regulation 104 of the Food Regulations 1984, Amendment No. 5) is hereby amended by inserting in subclause (2), after the item “Alitame” (as inserted by regulation 111(1) of the Food Regulations 1984, Amendment No. 9), the item “Sucralose”.

(2) Regulation 251 of the principal regulations (as so substituted) is hereby amended by revoking subclause (10), and substituting the following subclause:

“(10) Subclause (9) of this regulation shall not apply to an artificial sweetener preparation in which aspartame, sucralose, or thaumatin, or any combination of these, is or are the only artificial sweetener or sweeteners present.”

114. Incidental constituents—(1) Regulation 257 of the principal regulations is hereby amended by revoking subclauses (1) to (8), and substituting the following subclauses:

“(1) In these regulations ‘incidental constituent’ means any extraneous substance, toxic substance, or pesticide that is contained or present in or on any food; but does not include any preservative, antioxidant, colouring substance, artificial sweetener, flavouring, food conditioner, anticaking agent, gaseous packing agent, propellant, or vitamin, or any mineral other than copper, zinc, selenium, and fluorine.

“(2) No person shall sell any food containing an incidental constituent except as otherwise permitted by these regulations.

“(3) Except where there is a more particular provision elsewhere in these regulations, a food specified in the First Table or the Second Table to this regulation shall not contain an incidental constituent in a proportion exceeding the maximum specified for that food in relation to that incidental constituent.

“(4) Subject to subclause (9) of this regulation, no food shall contain an incidental constituent that is a pesticide or an animal remedy at a level that exceeds 0.1 ppm, except where the food and the incidental constituent are specified in respect of each other in the Second Table to this regulation.

“(5) Except where otherwise provided, where a secondary food product or a processed food consists of or contains one or more of the foods specified in the First Table or the Second Table to this regulation, the maximum permissible proportion of any incidental constituent present in the secondary food or processed food shall not be greater than the sum of the maximum permissible proportion of the incidental constituent specified in the First Table or the Second Table to this regulation for each ingredient food multiplied by the proportion of that ingredient in the secondary or processed food.

“(6) Except where otherwise provided, the maximum permitted proportions shall be determined on the edible content of the food that is ordinarily consumed, and, in the case of food in a dried, dehydrated, or concentrated form, shall be calculated with respect to the mass of the food after dilution or reconstitution, where appropriate.

“(7) The proportions for elements in food set out in the First Table to this regulation for ‘any other food’ and ‘any food’ shall not apply to a food additive.

“(8) Notwithstanding any other requirement of these regulations, the permissible proportion of any incidental constituent specified in the Second Table to this regulation in relation to bananas, citrus fruit, and kiwifruit shall be related to the whole fruit.

“(9) Notwithstanding anything in these regulations, any imported food may contain proportions of pesticides and animal remedies not greater than the proportions specified for that food in the current editions or supplements of the FAO/WHO Codex Alimentarius Commission publications titled ‘Pesticide Residues in Food’ (CAC Vol. 2) or ‘Residues of Veterinary Drugs in Foods’ (CAC Vol. 3).

“(10) The proportion of aflatoxins in food shall not exceed the following:

“(a) In peanut butter, shelled nuts, and the nut portion of products containing nuts, 0.015 ppm:

“(b) In all other food, 0.005 ppm.

“(11) The substances specified in the first column of the Third Table to this regulation may be used as incidental constituents in accordance with the conditions or limitations that are specified in the second column of that table.

“(12) For the purposes of this regulation, food commodities will be described and grouped as set out in the ‘Guide to Codex Recommendations Concerning Pesticide Residues, Part 4 Codex Classification of Foods and Animal Feeds’ (CAC/PR4-1989), and its subsequent revisions.”

(2) The Second Table to regulation 257 of the principal regulations is hereby amended by omitting the items relating to abamectin, carbadox, doramectin, febantel, fenbendazole, monensin, moxidectin, and vinclozolin.

(3) The Second Table to regulation 257 of the principal regulations is hereby further amended by inserting, in their appropriate alphabetical order, the following items:

Compound	Food	Permissible Proportions
Abamectin	Mammalian fats	0.02
	Liver	0.015
	Meat other than fat or liver	0.01
Albendazole (as albendazole amino-sulphone)	Sheep meat	0.2
	Sheep, edible offal of	3.0
Apramycin	Poultry meat	0.05
	Poultry, edible offal of	0.5
Buprofezin	Citrus	0.5
	Fruiting vegetables	0.5
Carbadox	Pig, liver	0.03
	Pig meat other than liver	0.005
	Any other food	0.001(*)
Difenoconazole	Brassica vegetables	0.2
Dimethomorph	Grapes	0.5
Doramectin	Mammalian fats	0.02
	Liver	0.015
	Meat other than fat or liver	0.01
Febantel	Eggs	0.5
	Meat other than liver	0.01
	Liver	0.5
Fenbendazole	Liver	0.5
	Meat other than liver	0.01
	Grapes	1.0
Flubendazole	Poultry offal	0.5
Monensin	Eggs	0.4
	Mammalian fats	0.05

Compound	Food	Permissible Proportions
Moxidectin	Sheep fat	0.4
	Fat of other mammals	0.2
	Meat other than fat	0.01
Tebufenozide	Pome fruit	0.5
	Kiwifruit	1.0
Vinclozolin	Grapes	5.0
	Kiwifruit	5.0
	Strawberries	5.0
	Tomatoes	3.0
	Beans	0.5

(4) The following regulations are hereby consequentially revoked:

- (a) Regulation 34 (1) of the Food Regulations 1984, Amendment No. 2:
- (b) Regulation 106 (1) of the Food Regulations 1984, Amendment No. 5:
- (c) Regulation 116 (1)-(3) of the Food Regulations 1984, Amendment No. 9.

PART VI

MISCELLANEOUS PROVISIONS

115. Twelfth Schedule—(1) Part A of the Twelfth Schedule to the principal regulations (as added by regulation 112 of the Food Regulations 1984, Amendment No. 5) is hereby amended by inserting, in their appropriate alphabetical order, the following items:

- “542 bone phosphate
- “383 calcium glycerophosphate
- “529 calcium oxide
- “505 ferrous carbonate
- “585 ferrous lactate
- “580 magnesium gluconate
- “530 magnesium oxide
- “343 magnesium phosphate (mono, di and tri basic)
- “518 magnesium sulphate
- “917 potassium iodate
- “576 sodium gluconate”.

(2) Part B of the Twelfth Schedule to the principal regulations (as so added) is hereby amended by inserting, in their appropriate numerical order, the following items:

- “343 magnesium phosphate (mono, di and tri basic)
- “383 calcium glycerophosphate
- “505 ferrous carbonate
- “518 magnesium sulphate
- “529 calcium oxide
- “530 magnesium oxide
- “542 bone phosphate
- “576 sodium gluconate
- “580 magnesium gluconate
- “585 ferrous lactate
- “917 potassium iodate”.

116. New Thirteenth Schedule substituted—The principal regulations are hereby amended by revoking the Thirteenth Schedule (as added by regulation 112 of the Food Regulations 1984, Amendment No. 5), and substituting the Thirteenth Schedule set out in the First Schedule to these regulations.

117. New Schedule 13A inserted—The principal regulations are hereby amended by inserting, after the Thirteenth Schedule (as substituted by these regulations), the Schedule 13A set out in the Second Schedule to these regulations.

PART VII

TRANSITIONAL PROVISIONS

Transitional Provisions Relating to Vitamins and Minerals

118. Transitional provision relating to additions of vitamins and minerals—Notwithstanding anything in these regulations, with respect to the addition of vitamins and minerals to food, until the 14th day of June 1997, food may comply with either—

- (a) The provisions of the principal regulations dealing with the addition of vitamins and minerals (as they were immediately before these regulations came into force); or
- (b) The provisions of the principal regulations dealing with the additions of vitamins and minerals (as amended by these regulations).

119. Transitional provision relating to claims and labelling with respect to vitamins and minerals—Notwithstanding anything in these regulations, and notwithstanding whichever of the provisions of regulation 118 of these regulations that a food complies with, with respect to claims and labelling in respect of the presence of vitamins and minerals in a food, until the 14th day of June 1997, the labelling on the food may comply with either—

- (a) The provisions of the principal regulations dealing with claims and labelling in respect of the presence of vitamins and minerals (as they were immediately before these regulations came into force); or
- (b) The provisions of the principal regulations dealing with claims and labelling in respect of the presence of vitamins and minerals (as amended by these regulations).

120. Application of regulations 118 and 119 to breakfast cereals—In relation to breakfast cereals, a reference in regulation 118 or 119 of these regulations to the provisions of the principal regulations as they were immediately before these regulations came into force means a reference to the principal regulations unaffected by the provisions of—

- (a) The Food Regulations 1984, Amendment No. 10; or
- (b) The Food Regulations 1984, Amendment No. 11.

Transitional Provision Relating to Colouring in Breakfast Cereals

121. Transitional provision relating to colouring in breakfast cereals—Notwithstanding subclause (2) of regulation 48 of the principal regulations (as substituted by regulation 2 of the Food Regulations 1984, Amendment No. 8), until the 31st day of December 1996 breakfast cereals may contain any colouring substance specified in the table to regulation 250 (2) of the principal regulations.

*Transitional Provision Relating to Labelling of Foods
Containing Flavouring and Spices*

122. Transitional provision relating to labelling of foods containing flavouring and spices—(1) Notwithstanding anything in the Food Regulations 1984, Amendment No. 9 or in these regulations, where a food contains flavouring or spices, or both, until the 11th day of November 1996, the label on each package of that food shall comply with either—

- (a) The relevant provision of the principal regulations dealing with permitted flavouring substances and spices in relation to that food (as revoked by the Food Regulations 1984, Amendment No. 9); or
 - (b) The relevant provision of the principal regulations dealing with flavouring and spices in relation to that food (as substituted by the Food regulations 1984, Amendment No. 9 and amended by these regulations).
- (2) Regulation 121 of the Food Regulations 1984, Amendment No. 9 is hereby revoked.
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SCHEDULES

Reg. 116

FIRST SCHEDULE

THIRTEENTH SCHEDULE SUBSTITUTED

Reg. 20A

"THIRTEENTH SCHEDULE

PERMITTED FORMS AND RDI OF VITAMINS AND MINERALS (OTHER THAN FOR SPECIAL PURPOSE FOODS)

VITAMINS

Column 1	Column 2	Column 3
Vitamin	Permitted forms	RDI ¹
Vitamin A	<i>Retinol Forms</i> vitamin A (retinol) vitamin A acetate (retinyl acetate) vitamin A palmitate (retinyl palmitate) vitamin A propionate (retinyl propionate) <i>Carotenoid Forms</i> β -apo-8'-carotenal β -carotene synthetic carotenes-natural β -apo-8'-carotenoic acid ethyl ester	750 mcg retinol equivalents ²
Thiamin (Vitamin B ₁)	thiamin hydrochloride thiamin mononitrate thiamin monophosphate	1.1 mg thiamin
Riboflavin (Vitamin B ₂)	riboflavin riboflavin 5'-phosphate sodium	1.7 mg riboflavin
Niacin	niacinamide (nicotinamide) nicotinic acid	10 mg niacin ³
Folate	folic acid	200 mcg folic acid
Vitamin B ₆	pyridoxine hydrochloride	1.6 mg pyridoxine
Vitamin B ₁₂	cyanocobalamin hydroxocobalamin	2.0 mcg cyanocobalamin
Vitamin C	L-ascorbic acid ascorbyl palmitate calcium ascorbate potassium ascorbate sodium ascorbate	40 mg in total of L-ascorbic acid and dehydroascorbic acid
Vitamin D	vitamin D-2 (ergocalciferol) vitamin D-3 (cholecalciferol)	10 mcg cholecalciferol ⁴
Vitamin E	dl- α -tocopherol d- α -tocopherol concentrate tocopherols concentrate, mixed	10 mg α -tocopherol equivalents ³

FIRST SCHEDULE—*continued*THIRTEENTH SCHEDULE SUBSTITUTED—*continued*“THIRTEENTH SCHEDULE—*continued*”PERMITTED FORMS AND RDI OF VITAMINS AND MINERALS (OTHER THAN FOR SPECIAL PURPOSE FOODS)—*continued*

Column 1	Column 2	Column 3
Vitamin	Permitted forms	RDI ¹
	d- α -tocopheryl acetate dl- α -tocopheryl acetate d- α -tocopheryl acetate concentrate d- α -tocopheryl acid succinate	

MINERALS

Column 1	Column 2	Column 3
Mineral	Permitted forms	RDI ¹
Calcium	calcium carbonate calcium chloride calcium chloride (anhydrous and solution) calcium citrate calcium gluconate calcium glycerophosphate calcium lactate calcium oxide calcium phosphate, dibasic calcium phosphate, monobasic calcium phosphate, tribasic calcium sodium lactate calcium sulphate	800 mg calcium
Fluorine or fluoride	sodium fluoride	
Iodine or iodide	potassium iodate potassium iodide sodium iodate sodium iodide	150 mcg iodine
Iron	ferric ammonium citrate—brown ferric ammonium citrate—green ferric ammonium phosphate ferric citrate ferric hydroxide ferric phosphate ferric pyrophosphate	12 mg iron

FIRST SCHEDULE—*continued*THIRTEENTH SCHEDULE SUBSTITUTED—*continued*“THIRTEENTH SCHEDULE—*continued*”PERMITTED FORMS AND RDI OF VITAMINS AND MINERALS (OTHER THAN FOR SPECIAL PURPOSE FOODS)—*continued*

Column 1	Column 2	Column 3
Mineral	Permitted forms	RDI ¹
Magnesium	ferric sulphate (iron III sulphate) ferrous carbonate ferrous citrate ferrous fumarate ferrous gluconate ferrous lactate ferrous succinate ferrous sulphate (dried and iron II sulphate) iron reduced (ferrum reductum)	320 mg magnesium
Phosphorus	magnesium carbonate magnesium chloride magnesium gluconate magnesium oxide magnesium phosphate, dibasic magnesium phosphate, tribasic magnesium sulphate	1000 mg phosphorus
Zinc	bone phosphate calcium glycerophosphate calcium phosphate, dibasic calcium phosphate, monobasic calcium phosphate, tribasic magnesium phosphate, dibasic magnesium phosphate, tribasic phosphoric acid potassium glycerophosphate potassium phosphate, dibasic potassium phosphate, monobasic sodium phosphate, dibasic	12 mg zinc
	zinc acetate zinc chloride zinc gluconate zinc lactate zinc oxide zinc sulphate	

FIRST SCHEDULE—*continued*THIRTEENTH SCHEDULE SUBSTITUTED—*continued*"THIRTEENTH SCHEDULE—*continued*PERMITTED FORMS AND RDI OF VITAMINS AND MINERALS (OTHER THAN FOR SPECIAL PURPOSE FOODS)—*continued*

NOTES:

¹ The Recommended Dietary Intakes (RDIs) in column 3 of this Schedule and the following footnotes to this Schedule are taken from Standard A9 of the Australian Food Standards Code.

² Calculation of retinol equivalents for carotenoid form of vitamin A.

Carotenoid Form	Conversion Factor (mcg/1 mcg retinol equivalents)
β -apo-8'-carotenal	12
β -carotene-synthetic	6
carotenes-natural	12
β -apo-8'-carotenoic acid ethyl ester	12

³ This figure represents the proportion of the RDI provided by preformed niacin in foods and excludes the niacin provided from the conversion of the amino acid tryptophan.

⁴ Recommended daily oral intake as a supplement, for those Australians not exposed to sunlight. Because of the major role of sunlight in determining vitamin D status, a RDI for vitamin D was not developed for the Australian population.

⁵ Calculation of α -tocopherol equivalents for vitamin E.

Vitamin E Form	Conversion Factor (mg/1 mg α -tocopherol equivalents)
dl- α -tocopherol	1.36
d- α -tocopherol concentrate	*
tocopherols concentrate, mixed	*
d- α -tocopheryl acetate	1.10
dl- α -tocopheryl acetate	1.49
d- α -tocopheryl acetate concentrate	*
d- α -tocopheryl acid succinate	1.23"

*Conversion factor determined by composition of the form of vitamin E.

Reg. 117

SECOND SCHEDULE

SCHEDULE 13A INSERTED

Reg. 20A

"SCHEDULE 13A**"PERMITTED FORMS OF VITAMINS AND MINERALS FOR SPECIAL PURPOSE FOODS****PERMITTED FORMS OF VITAMINS FOR SPECIAL PURPOSE FOODS**

Any salt or derivative of a vitamin

PERMITTED FORMS OF MINERALS FOR SPECIAL PURPOSE FOODS

Bone phosphate
 Calcium carbonate
 Calcium chloride
 Calcium citrate
 Calcium gluconate
 Calcium glycerophosphate
 Calcium lactate
 Calcium oxide
 Calcium phosphate dibasic
 Calcium phosphate monobasic
 Calcium phosphate tribasic
 Calcium sodium lactate
 Calcium sulphate
 Choline chloride
 Copper gluconate
 Ferric ammonium citrate
 Ferric ammonium phosphate
 Ferric citrate
 Ferric hydroxide
 Ferric phosphate
 Ferric pyrophosphate
 Ferric sulphate
 Ferrous carbonate
 Ferrous citrate
 Ferrous fumarate
 Ferrous gluconate
 Ferrous lactate
 Ferrous succinate
 Ferrous sulphate
 Iron, reduced
 Magnesium carbonate
 Magnesium chloride
 Magnesium gluconate
 Magnesium oxide
 Magnesium phosphate dibasic
 Magnesium phosphate tribasic
 Magnesium sulphate
 Manganese carbonate
 Manganese chloride
 Manganese citrate
 Manganese sulphate
 Potassium bicarbonate
 Potassium carbonate
 Potassium chloride

SECOND SCHEDULE—*continued*SCHEDULE 13A INSERTED—*continued*“SCHEDULE 13A—*continued*“PERMITTED FORMS OF VITAMINS AND MINERALS FOR SPECIAL PURPOSE
FOODS—*continued*”

Potassium citrate
Potassium glycerophosphate
Potassium iodide
Potassium phosphate dibasic
Potassium phosphate monobasic
Sodium bicarbonate
Sodium carbonate
Sodium chloride
Sodium citrate
Sodium fluoride
Sodium gluconate
Sodium iodide
Sodium lactate
Sodium phosphate dibasic
Sodium phosphate monobasic
Sodium phosphate tribasic
Sodium sulphate
Sodium tartrate
Zinc acetate
Zinc chloride
Zinc gluconate
Zinc lactate
Zinc sulphate
chromic chloride
high chromium yeast
sodium molybdate
yeast, high molybdenum
high selenium yeast
selenomethionine
sodium selenate
sodium selenite”

MARIE SHROFF,
Clerk of the Executive Council.

EXPLANATORY NOTE

This note is not part of the regulations, but is intended to indicate their general effect.

These regulations, which come into force on 20 January 1996, amend the Food Regulations 1984.

Part I amends various provisions relating to the labelling of food. New provisions are substituted dealing with claims and labelling in respect of vitamins and minerals.

Part II inserts a new *Part IA* into the principal regulations which contains a new general standard for the addition of vitamins and minerals to food.

New regulation 20A sets out the circumstances in which vitamins and minerals may be added to food, their permitted forms, and the quantity in which they may be added.

Part III contains amendments to specific food standards. Where vitamins and minerals are permitted to be added to a food in accordance with the new general standard, the standard for that food specifies that.

Various food standards have been amended to correct an error in the Food Regulations 1984, Amendment No. 9. The regulations (before this amendment) provided that permitted flavouring substances can be added to various foods. The amendments to the regulations relating to flavouring in the Food Regulations 1984, Amendment No. 9 had the unintended effect of excluding flavour enhancers from being added in under the heading permitted flavouring substances. These regulations omit references to "permitted flavouring substances" and substitute references to "flavouring" in the food standards where it is permissible to add flavour enhancers.

Other changes to individual standards—

- (a) Allow the artificial sweetener sucralose to be used in low energy foods, chewing gum, and flavoured yogurt:
- (b) Create a new standard for light sour cream:
- (c) Permit the use of the acidity regulator sodium diacetate as a surface treatment agent on fresh and chilled poultry:
- (d) Delete the standard for coloured sugar. (The manufacture and sale of coloured sugar is still permitted under other parts of the regulations.)

Part IV amends regulation 244 of the principal regulations, which relates to food not elsewhere standardised. The amendments relate to the addition of vitamins and minerals to foods not elsewhere standardised.

Part V amends provisions relating to food additives.

The amendments—

- (a) Permit the addition of benzoic acid to fish roe:
- (b) Permit the artificial sweetener sucralose to be used in artificial sweeteners:
- (c) Consolidate the provisions relating to incidental constituents in regulation 257 of the principal regulations and add a new subclause dealing with composite processed foods.

Part VI of the regulations—

- (a) Adds various additional items to the Twelfth Schedule to the principal regulations:
- (b) Revokes the Thirteenth Schedule and substitutes a new Thirteenth Schedule, which sets out the permitted forms of vitamins and minerals for foods other than special purpose foods:
- (c) Inserts a new Schedule 13A into the principal regulations which specifies the permitted forms of vitamins and minerals for special purpose foods.

Part VII contains transitional provisions designed to provide a reasonable time for persons in the food industry to meet the new requirements.

Issued under the authority of the Acts and Regulations Publication Act 1989.

Date of notification in *Gazette*: 20 December 1995.

These regulations are administered in the Ministry of Health.