

1966/1



## THE DIETITIANS REGULATIONS 1953, AMENDMENT NO. 1

BERNARD FERGUSSON, Governor-General  
ORDER IN COUNCIL

At the Government Buildings at Wellington this 31st day of January 1966

Present:

THE RIGHT HON. KEITH HOLYOAKE, C.H., PRESIDING IN COUNCIL

PURSUANT to the Dietitians Act 1950, His Excellency the Governor-General, acting by and with the advice and consent of the Executive Council, hereby makes the following regulations.

### REGULATIONS

1. (1) These regulations may be cited as the Dietitians Regulations 1953, Amendment No. 1, and shall be read together with and deemed part of the Dietitians Regulations 1953\* (hereinafter referred to as the principal regulations).

(2) These regulations shall come into force on the seventh day after the date of their notification in the *Gazette*.

2. Regulation 2 of the principal regulations is hereby amended by omitting the definitions of the terms "Principal dietitian" and "Principal training school", and substituting the following definitions:

"'Principal dietitian' means the person in charge of the training of student dietitians at a principal training school:

"'Principal training school' means a hospital for the time being approved by the Board as a training school for dietitians in which the principal part of the course of training and instruction is given:".

3. The principal regulations are hereby further amended by revoking regulation 3 and the heading above that regulation, and substituting the following regulation and heading:

#### *"Prerequisite Qualifications for Student Dietitians"*

"3. (1) Subject to section 21 of the Act and subclause (2) of this regulation, no person may be accepted as a student dietitian unless he—

\*S.R. 1953/27

“(a) Is the holder of a degree or diploma in Home Science conferred by a university in New Zealand or of such other degree or diploma, whether granted in New Zealand or elsewhere, as is, in the opinion of the Board, substantially equivalent thereto; or

“(b) Is a registered nurse who is the holder of an endorsed School Certificate or of such other certificate, whether granted in New Zealand or elsewhere, as is, in the opinion of the Board, substantially equivalent thereto.

“(2) Notwithstanding anything in paragraph (a) of subclause (1) of this regulation, any person who has failed to pass in one subject only, not being nutrition, in the examination for the degree or diploma specified in that paragraph may, on the recommendation of the Dean of the School of Home Science of the university in which he was examined, and with the approval of the Board, be accepted as a student dietitian, but shall not present himself for the State Examination for Dietitians until he has successfully completed the examination for such degree or diploma.”

4. (1) Regulation 4 of the principal regulations is hereby amended—

(a) By omitting from paragraph (a) of subclause (1) the words “or paragraph (b)”:

(b) By omitting from paragraph (a) of subclause (1) the word “fifteen”, and substituting the word “twelve”:

(c) By omitting from paragraph (b) of subclause (1) the words “paragraph (c)”, and substituting the words “paragraph (b)”:

(d) By omitting from subclause (2) the words “either in one principal training school, or”.

(2) Regulation 4 of the principal regulations is hereby further amended by adding the following subclause:

“(4) If at any time the Board considers that modifications with regard to dietetic training should be tried in any training school, it may authorise the governing body of the training school to conduct the course of training as so modified, and the period during which a student is so employed shall count as part of his period of training.”

5. The principal regulations are hereby further amended by revoking regulation 5, and substituting the following regulation:

“5. (1) For the purposes of section 10 (1) (a) of the Act the course of training and instruction shall be the course of training and instruction specified in the First Schedule hereto.

“(2) For the purpose of making more effective the said course of training and instruction, the Board may from time to time issue supplementary instructions in such form as it thinks fit for use in training schools, and any such instructions shall be deemed to be part of the said course.

“(3) The governing body of every training school shall cause to be conducted such part of the said course of training and instruction as the Board may determine and shall furnish such material for the purposes of the course as the Board may direct.

“(4) All lectures and other instruction shall be delivered by registered medical practitioners or registered dietitians or by such other competent lecturers or instructors as are approved by the Board in that behalf.

“(5) This regulation shall be read subject to section 21 of the Act.”

6. (1) Regulation 7 of the principal regulations is hereby amended by revoking subclauses (1) and (2), and substituting the following subclauses:

“(1) Subject to subclause (4) of regulation 9 hereof, the examination referred to in section 10 (1) (a) of the Act, which shall be known as the State Examination for Dietitians, shall consist of one written paper on Administrative Dietetics, one written paper on Quantity Food Service, and one written paper on Normal Nutrition and Diet Therapy.

“(2) Subject to section 21 of the Act and to regulation 8 hereof, no student dietitian shall present himself for examination unless he has regularly undergone the course of training and instruction prescribed by regulation 5 hereof from the commencement of the period of training prescribed by regulation 4 hereof until the date of the examination or has completed such course and period of training.”

(2) Regulation 7 of the principal regulations is hereby further amended by revoking subclause (6), and substituting the following subclauses:

“(6) If a student dietitian fails to present himself for the examination, or any paper in the examination, because of sickness or other reason appearing to the Board to be sufficient, he may be allowed by the Board to sit the examination or paper, as the case may require, on another occasion.

“(7) If a student dietitian passes in one paper or two papers in the examination and fails in the others or other he may be allowed by the Board to sit the paper or papers, as the case may require, in which he has failed, on another occasion, after a further period of training to be determined by the Board and subject to payment of the appropriate fee as prescribed in regulation 17 hereof.

“(8) If a student dietitian does not pass any paper in the examination he shall have undergone or be undergoing the course of training and instruction prescribed by regulation 5 hereof again when he presents himself for examination on the next occasion.

“(9) Nothing in this regulation shall entitle any person to be registered as a dietitian before he has completed the period of training prescribed by regulation 4 hereof and undergone the whole of the course of training and instruction prescribed by regulation 5 hereof.”

7. Regulation 8 of the principal regulations is hereby amended by revoking subclause (1), and substituting the following subclause:

“(1) Notwithstanding anything to the contrary in these regulations, any student dietitian whose training has commenced late, or has been interrupted by sickness or leave of absence or other cause appearing to the Board to be sufficient, may, on the recommendation of the principal dietitian responsible for his training, be permitted by the Board to sit the State Examination for Dietitians, subject to such conditions (if any) as the Board thinks fit to impose.”

8. (1) Regulation 17 of the principal regulations is hereby amended by omitting from subclause (1) the figure "£2", and substituting the figure "£5".

(2) Regulation 17 of the principal regulations is hereby further amended by revoking subclause (2), and substituting the following subclause:

"(2) The fee for re-examination shall be £2 for each paper in which the applicant is re-examined."

9. The principal regulations are hereby further amended by revoking the First and Second Schedules, and substituting the First Schedule contained in the Schedule to these regulations.

10. Notwithstanding the repeal of the Second Schedule to the principal regulations by regulation 9 hereof and the amendment to the principal regulations made by regulation 6 (1) hereof, any person who has commenced but not completed the State Examination for Dietitians before the date of the commencement of these regulations and who is credited with a pass in any examination specified in that Schedule which he sat before that date shall be credited with a pass in the paper of the same name specified in regulation 7 (1) of the principal regulations (as amended by regulation 6 (1) hereof).

Reg. 9

## SCHEDULE

### NEW FIRST SCHEDULE TO THE PRINCIPAL REGULATIONS

Reg. 5 (1)

### FIRST SCHEDULE

#### INSTRUCTIONAL COURSE FOR DIETITIANS AND SYLLABUS OF SUBJECTS FOR EXAMINATION UNDER THE DIETITIANS ACT 1950

##### 1. *Administrative Dietetics*

(To be covered in a minimum of eighteen hours)

THE administration and function of the Diet Department and the relation of the Diet Department to other hospital departments.

Policy; ethics. Personnel management; teaching methods and training of staff; wages and awards; records.

Planning of all units of the Diet Department. System of food service to wards and to dining rooms.

Equipment (including its selection and care).

Sanitation.

##### 2. *Quantity Food Service*

(To be covered in a minimum of fourteen hours)

Purchase of foods. Market systems, tenders, and contracts.

Storage of Food. Issuing, costing, and inventory systems.

Menu planning and ordering of food.

Methods of food preparation and service applied to quantity work; portion control; avoidance of waste.

SCHEDULE—*continued*3. *Normal Nutrition and Diet Therapy*

(To be covered in a minimum of sixteen hours)

(a) *Normal Nutrition*

Normal nutrition for all ages; principles of infant feeding; principles of feeding of children and adolescents; principles of feeding in old age; nutrition in obstetrics; in normal pregnancy (ante-natal and in the puerperium), and in lactation.

(b) *Diet Therapy*

Introductory: Review of essentials of an adequate diet as the basis of all therapeutic diets; modifications of the normal diet in diet therapy.

Nutrition in surgery, fevers, skin conditions, allergic conditions, in diseases of the blood, blood and blood formation, complications of pregnancy, children's diseases, and deficiency diseases.

Nutrition in diseases of the respiratory system, gastro-intestinal system, endocrine system, circulatory system, genito-urinary system, nervous system, musculo-skeletal system and of metabolism and in metabolic balance studies.

*Practical Work* as shown below shall be included in the above syllabus. The following are to be the minimum periods of time in various sections of the principal training school and in the subsidiary training school:

- |   |       |       |       |          |
|---|-------|-------|-------|----------|
| 1. Main kitchen in training school  | ..... | ..... | ..... | 12 weeks |
| 2. Diet kitchen (to include ward clinics and visiting patients in wards)    | ..... | ..... | ..... | 12 weeks |
| 3. Nurses' home food service unit, in training school                       | ..... |       |       | 2 weeks  |
| 4. Babies' and children's medical ward                                      | ..... | ..... | ..... | 1 week   |
| 5. Adult wards (observation and assistance with feeding the helpless, etc.) | ..... | ..... | ..... | 2 weeks  |
| 6. Administrative section (office)  | ..... | ..... | ..... | 2 weeks  |
| 7. Subsidiary training school   | ..... | ..... | ..... | 4 weeks  |
| 8. In addition each student shall—  |       |       |       |          |

(i) Attend outpatients clinics for a minimum of 12 hours:

(ii) Spend a minimum of 30 hours teaching nutrition and diet therapy, to include practical teaching in the Diet Department and also observation of teaching methods of formal lectures in nutrition:

(iii) Make at least six field visits, including visits to other hospitals:

(iv) Complete two case histories.

SCHEDULE—*continued*

9. In addition each student may be given opportunities to observe the following:

- (i) Tube feeding (nasal, oesophageal, gastrostomy):
- (ii) Measurement and administration of insulin:
- (iii) Preparation of patient for barium meal:
- (iv) Preparation of patient for X-ray of gall-bladder:
- (v) Some of the routine analyses undertaken by the various sections of the laboratory:
- (vi) Administration in X-ray Department of barium meal.

T. J. SHERRARD,  
Clerk of the Executive Council.

## EXPLANATORY NOTE

*This note is not part of the regulations, but is intended to indicate their general effect.*

These regulations make several amendments to the Dietitians Regulations 1953. The most important of these amendments are as follows:

Regulation 3 substitutes a new regulation 3 in the principal regulations. The main change is that a new subclause (2) has been added. The new subclause is designed to enable a student to commence his training even though he has for the time being failed in a minor subject in the degree or diploma examination.

Regulation 6 amends regulation 7 of the principal regulations so that—

- (a) The division of the State Examination for Dietitians into two sections is abolished:
- (b) "Special" examinations may be set for candidates who have, for reasonable cause, failed to take the ordinary examination:
- (c) Students who pass one or two of the three papers which comprise the examination may be allowed, on another occasion, to sit the papers which they have failed without having to undergo the whole of the prescribed course for training again:
- (d) Students who do not pass any of the papers will be required to repeat the course.

Regulation 8 increases the entrance fee for the State Examination for Dietitians from £2 to £5 and makes the fee for re-examination £2 a paper.

Issued under the authority of the Regulations Act 1936.

Date of notification in *Gazette*: 3 February 1966.

These regulations are administered in the Department of Health.