

Serial Number **1953/27**

## THE DIETITIANS REGULATIONS 1953

C. W. M. NORRIE, Governor-General  
ORDER IN COUNCIL

At the Government House at Wellington, this 11th day of March 1953

Present:

HIS EXCELLENCY THE GOVERNOR-GENERAL IN COUNCIL

PURSUANT to the Dietitians Act 1950, His Excellency the Governor-General, acting by and with the advice and consent of the Executive Council, hereby makes the following regulations.

### REGULATIONS

#### PART I—PRELIMINARY

1. These regulations may be cited as the Dietitians Regulations 1953.

#### *Interpretation*

2. In these regulations, unless the context otherwise requires,—

“The Act” means the Dietitians Act 1950:

“Hospital” means a hospital or other institution controlled or maintained by a Hospital Board or by a Department of State:

“Principal dietitian” means the person in charge of a principal training school:

“Principal training school” means a hospital for the time being approved by the Board as a training school for dietitians in which a complete course may be given, or in which the principal portion of the course may be given supplemented by a period of training at a subsidiary training school:

“Registered nurse” means a nurse registered under the Nurses and Midwives Act 1945:

“Secretary” means the Secretary to the Dietitians Board:

“Student dietitian” means a person who has been accepted for training to qualify as a dietitian:

“Subsidiary training school” means a hospital for the time being approved by the Board as a training school for dietitians in which such limited period of training and instruction as may be determined by the Board may be given:

“Training school” means a hospital where persons may undergo training for the purposes of these regulations:

Expressions defined in the Act have the meanings so defined.

*Prerequisite Qualifications for Student Dietitians*

**3.** Subject to the provisions of section 21 of the Act, no person may be accepted as a student dietitian unless he—

- (a) Is the holder of a degree in Home Science conferred by the University of New Zealand or of such other degree, whether granted in New Zealand or elsewhere, as is, in the opinion of the Board, substantially equivalent thereto; or
- (b) Is the holder of a Diploma of Associate in Home Science of the University of Otago or of such other diploma, whether granted in New Zealand or elsewhere, as is, in the opinion of the Board, substantially equivalent thereto; or
- (c) Is a registered nurse who is the holder of an endorsed School Certificate under the Education Act 1914 or of such other certificate, whether granted in New Zealand or elsewhere, as is, in the opinion of the Board, substantially equivalent thereto.

## PART II—TRAINING, EXAMINATION, AND REGISTRATION OF DIETITIANS

*Duration of Period of Training for Dietitians*

**4.** (1) Subject to the provisions of section 21 of the Act, the period of training as a student dietitian required to be undertaken by every person seeking to be registered as a dietitian under Part II of the Act shall be—

- (a) In the case of a person possessing the prerequisite qualification prescribed by paragraph (a) or paragraph (b) of regulation 3 hereof, fifteen months:
- (b) In the case of a person possessing the prerequisite qualification prescribed by paragraph (c) of regulation 3 hereof, two academic years in the School of Home Science, University of Otago, together with two periods totalling ten months in a training school.

(2) Except as hereinafter provided, a student dietitian shall undergo the complete course of the prescribed training either in one principal training school, or in one principal training school and such one or more subsidiary training schools as the Board from time to time decides.

(3) A student dietitian unable to complete a period of training in one training school may, with the approval of the Board and subject to such conditions, if any, as it sees fit to impose, be allowed to complete that period of training in another training school.

*Course of Training of Dietitians*

**5.** (1) For the purposes of section 10 (1) (a) of the Act, the course of training in theoretical and practical instruction required to be received by every person seeking to be registered as a dietitian under Part II of the Act shall be the course of instruction specified in the First Schedule hereto.

(2) The governing body of every training school shall cause the course of instruction required by these regulations to be conducted, or such part of that course as the Board may determine in each case, and shall furnish such material for the purpose of instruction as the Board may direct.

(3) All lectures and instruction shall be delivered by registered medical practitioners or registered dietitians holding such teaching qualifications as are recognized by the Board, or by such other competent lecturers or instructors as are approved by the Board in that behalf.

(4) This regulation shall be construed subject to the provisions of section 21 of the Act.

*Notifications From Training Schools to Board*

6. The governing body of every training school shall furnish to the Board such reports on the staff, numbers of patients, types of cases, training facilities, and student dietitians as the Board may from time to time require.

*The State Examination for Dietitians*

7. (1) Subject to the provisions of subclause (4) of regulation 9 hereof, the examination required by section 10 (1) (a) of the Act to be passed by every person seeking to be registered as a dietitian under Part II of the Act shall be the examination conducted by the Board in the manner and in the subjects specified in the Second Schedule hereto. The examination shall be known as the "State Examination for Dietitians", and shall consist of two sections as appearing in that Schedule.

(2) Subject to the provisions of section 21 of the Act and regulation 8 hereof, no student dietitian shall present himself for the State Examination for Dietitians unless at the date of commencement of the examination he has—

- (a) Completed the period of training prescribed by regulation 4 hereof; and
- (b) Undergone the course of training prescribed by regulation 5 hereof.

(3) If any candidate is credited with passing the State Examination for Dietitians after having presented himself therefor otherwise than in conformity with the provisions of this regulation, the fact that he is so credited shall not be deemed to satisfy the Board that he has passed that examination pursuant to the provisions of the Act.

(4) Every candidate for the State Examination for Dietitians shall make application on a form to be provided by the Board. Every such application shall be so forwarded as to be received by the Secretary at least six weeks before the date of commencement of the examination.

(5) There shall, with each application, be tendered the following:—

- (a) Evidence of prerequisite qualifications as prescribed by regulation 3 hereof (if required by the Board);
- (b) A certificate of training in a form to be provided by the Board verified by the principal dietitian and the medical superintendent of the training school responsible for the candidate's training; and
- (c) The appropriate fee as provided by regulation 17 hereof.

(6) If a candidate passes in one section of the examination and fails in the other, he shall be allowed to sit again the section in which he has failed after a further period of training to be determined by the Board, subject to payment of the appropriate fee as provided by regulation 17 hereof.

*Sitting Examination Where Training Interrupted*

8. (1) Notwithstanding anything to the contrary in these regulations, any student whose training has commenced late or has been interrupted in either case due to sickness or some other reason held by the Board

to be sufficient, but who is otherwise eligible, may, with the approval of the Board on the recommendation of the principal dietitian responsible for his training, be permitted to sit the State Examination for Dietitians, subject to such conditions (if any) as the Board thinks fit.

(2) No person whose training has commenced late or has been interrupted but who has been allowed to sit the State Examination shall be entitled to be registered as a dietitian until he has completed such further period and course of training after passing the State Examination as the Board may require him to undergo, or fulfilled any other conditions which the Board may think fit to impose.

### *Registration*

9. (1) Every application for registration as a dietitian shall be in a form to be provided by the Board. There shall be endorsed on the said form the terms of sections 10, 11, 15, 17, 18, and 28 of the Act.

(2) Every applicant for registration under the Act shall furnish evidence sufficient to satisfy the Board that he is of good character and reputation. The Board may, in its discretion, in any case withhold registration until it is furnished with adequate evidence under this subclause, and may decline to register any applicant who fails to satisfy it regarding his character and reputation.

(3) There shall be submitted with every application for registration made by a person trained elsewhere than in New Zealand the following original certificates:—

- (a) Of training;
- (b) Of examination (if any); and
- (c) Of registration (if any).

(4) Every person trained elsewhere than in New Zealand and applying for registration under the Act as a dietitian by virtue of the possession of any of the certificates mentioned in subclause (3) of this regulation shall supply the Board with satisfactory proof of his identity and shall furnish such evidence as the Board may require of the nature of the training undergone, of the practical experience acquired, and of the examination (if any) passed outside New Zealand. In any such case the examination (if any) to be passed by the applicant before registration shall be as determined by the Board.

(5) Notwithstanding anything to the contrary in these regulations, the Board may accept instead of a certificate of training such other authenticated evidence of training as it deems satisfactory.

(6) A certificate of registration under the Act shall be in the form in the Third Schedule hereto, or to the like effect.

### *Form of Register to be Maintained*

10. (1) There shall be entered in the register the following details of every person registered under the Act, namely:—

- (a) Registration number;
- (b) Date registration approved;
- (c) Name in full;
- (d) Where trained;
- (e) Qualifications;
- (f) Such other particulars as the Board may require.

(2) The register shall be kept in such form and in such manner as the Board determines from time to time.

(3) A failure to comply with the requirements of the Board as to the form and manner of keeping the register shall not affect the validity of the register.

*Entry in the Register of Additional Qualifications*

11. Every application under section 14 of the Act for the insertion in the register of any approved certificate, diploma, or licence other than that by virtue of which the applicant is registered shall be in a form to be provided by the Board, and shall be accompanied by such evidence as may be required by the Board that the applicant is the holder of the qualification to which the application relates.

PART III—MISCELLANEOUS

*Secretary to the Board*

12. (1) The Board may, from time to time, procure the appointment of some employee of the Public Service to be the Secretary to the Board.

(2) The fact that any person describes himself in any document or signs any document as the Secretary to the Board, shall be sufficient evidence, until the contrary is proved, that he is the Secretary to the Board for the time being, and that he has been duly appointed to that office.

*Evidence of Decisions of Board*

13. The determination of the Board on any matter within its jurisdiction under the Act or these regulations shall be sufficiently authenticated if set out in writing, signed by the Registrar or the Secretary.

*Service of Notices*

14. Any notice to be given by the Board under these regulations shall, except where otherwise provided in these regulations, be sufficient if given in writing, signed by the Registrar or Secretary and sent by ordinary prepaid letter post to the addressee at his last known address, and shall when so given be deemed to have been given at the time when in the ordinary course of post it would be delivered at that address.

*Service of Notices in Respect of Disciplinary Powers of Board*

15. Every notice required to be served on any person in respect of the exercise or proposed exercise of the disciplinary powers of the Board under section 25 of the Act shall be served by posting it by registered letter addressed to that person at his last known address in New Zealand. A notice so posted shall be deemed to have been served at the time when the registered letter would in the ordinary course of post be delivered; and in proving service it shall be sufficient to prove that the letter was properly addressed and posted.

*Appeals*

16. (1) Where the Board refuses to enter the name of any person in the Register of Dietitians, or refuses to grant any person a licence under section 23 of the Act, or removes the name of any person from the register, or suspends his registration, or imposes on him any penalty, the Registrar shall forthwith inform that person of the reason for the Board's decision.

(2) If the person decides to appeal from that decision, he shall give to the Registrar notice of appeal in the form in the Fourth Schedule hereto, or to the like effect.

(3) The assessors on the Board of Appeal shall be appointed by the Minister of Health. One such assessor shall be appointed on the recommendation of the appellant and the other on the recommendation of the Board.

(4) Within thirty-one days after receiving the notice of appeal the Registrar shall inform the appellant of the name of the person appointed to act as assessor on behalf of the Board at the hearing, and of the name of the Magistrate who will be a member and the Chairman of the Board of Appeal, and shall at the same time send to the Magistrate a copy of the Board's decision and of the notice of appeal.

(5) The Board of Appeal shall hear and determine the appeal at such convenient place and time as may be decided by the Magistrate.

(6) The Magistrate shall cause at least seven days' previous notice of the place and time of hearing to be given to the assessors, the Board, and the appellant.

(7) At the hearing of the appeal the appellant may himself appear, or may be represented by some other person or by solicitor or counsel on his behalf; and the Board may be represented by any member thereof appointed by the Board, or by solicitor or counsel, or by some other person appointed by the Board.

(8) The order made in respect of the appeal shall be in writing signed by the Magistrate and at least one of the assessors. A copy of the order shall be given to the appellant and a copy to the Board; and the Board shall forthwith give effect to the order.

#### *Fees*

**17.** (1) There shall be payable by every applicant for admission to the State Examination for Dietitians the sum of £2.

(2) The fee for re-examination shall be £1 for the section of the State Examination in which the applicant is re-examined.

(3) There shall be payable by every applicant for registration a fee of £3:

Provided that no such fee shall be payable in respect of an application for registration pursuant to section 10 (b) of the Act:

Provided also that no such fee shall be payable in respect of an application for registration by a dietitian already registered by law in any overseas country who is temporarily employed in a hospital in New Zealand on exchange for not more than twelve months with a dietitian who is registered in New Zealand and similarly employed in that overseas country.

(4) The fee for the issue of a certificate of registration shall be 10s.

(5) The fee for the restoration of a name to the register pursuant to application under section 16 (4) of the Act shall be 10s.

(6) The fee for the issue of an annual practising certificate shall be 10s.

(7) All fees shall be paid in cash at the time of the application.

## SCHEDULES

### FIRST SCHEDULE

#### INSTRUCTIONAL COURSE FOR DIETITIANS AND SYLLABUS OF SUBJECTS FOR EXAMINATION UNDER THE DIETITIANS ACT 1950

##### 1. *Administrative Dietetics*

(To be covered by a minimum of eighteen lectures)

THE administration and function of the Diet Department and the relation of the Diet Department to other hospital departments. Policy and ethics. Personnel management. Employment, records, and control. Wages and awards.

Planning of all units of the Diet Department. Systems of food service to wards and to dining rooms.

Equipment; selection and care.

FIRST SCHEDULE—*continued*2. *Quantity Food Service*

(To be covered by a minimum of fourteen lectures)

Purchase of foods. Market systems, tenders, and contracts.  
 Storage of food. Issuing, costing, and inventory systems.  
 Menu planning and ordering of food.  
 Methods of food preparation and service applied to quantity work.

3. *Normal Nutrition and Diet Therapy*

(To be covered by a minimum of sixteen lectures)

(a) *Normal Nutrition*

Normal nutrition for all ages; principles of infant feeding; principles of feeding of children and adolescents; principles of feeding in old age; nutrition in obstetrics; in normal pregnancy (ante-natal and in the puerperium), and in lactation.

(b) *Diet Therapy*

**Introductory:** Review of essentials of an adequate diet as the basis of all therapeutic diets; modifications of the normal diet in diet therapy.

Nutrition in surgery, fevers, skin conditions, allergic conditions, blood and blood formation, complications of pregnancy, children's diseases, deficiency diseases.

Nutrition in diseases of the respiratory system, gastro-intestinal system, endocrine system, metabolism, circulatory system, genito-urinary system, nervous system, musculo-skeletal system.

The above syllabus shall include practical work as shown below.

The following are to be the minimum periods of time in various sections of the training school:—

- |  |       |             |
|--|-------|-------------|
| 1. Main kitchen in training school   | ..... | 8 weeks.    |
| 2. Diet kitchen (to include ward clinics and visiting patients in wards)   | ..... | 16 weeks.   |
| 3. Nurses home food service unit, in training school   | ..... | 4 weeks.    |
| 4. Babies' and medical children's ward   | ..... | 1 week.     |
| 5. Adult wards (observation and assistance with feeding the helpless, &c.)   | ..... | 1 week.     |
| 6. Attending outpatient clinics  | ..... | 12 clinics. |
| 7. Teaching nutrition to student nurses—to include practical teaching in diet kitchen and also observation of teaching methods of formal lectures in nutrition | ..... | 4 weeks.    |
| 8. Administrative section (office)   | ..... | 2 weeks.    |
| 9. Subsidiary hospitals  | ..... | 8 weeks.    |
| 10. Field work   | ..... | 10 visits.  |
| 11. Two case histories to be completed by each student.  |       |             |
| 12. In addition, each student may be given opportunities to observe the following:—  |       |             |

- (i) Tube feeding (nasal, œsophageal, gastrostomy):
- (ii) Measurement and administration of insulin:
- (iii) Preparation of patient for barium meal, barium enema, X-ray of gall-bladder, B.M.R.:
- (iv) Preparation of diabetic patient for operation or labour and follow up of progress of patient:
- (v) Some of the routine analyses undertaken by the various sections of the laboratory:
- (vi) Administration in X-ray department of barium meal.

## SECOND SCHEDULE

## THE STATE EXAMINATION FOR DIETITIANS

THE State Examination for Dietitians shall be divided into two sections as follows:—

*Section I—(a) Administrative Dietetics*

A written examination.

*(b) Quantity Food Service*

A written examination.

*Section II—Normal Nutrition and Diet Therapy*

A written examination.

## THIRD SCHEDULE

*The Dietitians Act 1950*

## CERTIFICATE OF REGISTRATION

THIS is to certify that ..... is registered as a dietitian in New Zealand, his (her) name having been duly entered in the Register of Dietitians on the day of ..... 19.....

Qualifications: .....

Number in Register: .....

Signature of holder: .....

Dated this ..... day of ..... 19.....

\_\_\_\_\_  
Registrar, Dietitians Board.

## FOURTH SCHEDULE

## NOTICE OF APPEAL

To the Registrar of Dietitians,  
Department of Health,  
Wellington.

TAKE notice that I, ....., of ....., hereby appeal under section 26 of the Dietitians Act 1950 against the decision of the Dietitians Board, conveyed to me by letter dated the ..... day of ..... 19.....

The following are the grounds on which I make my appeal: .....

And I hereby recommend ....., of ....., as assessor on my behalf for the purposes of this appeal.

Dated at ....., this ..... day of ..... 19.....

*Signature of appellant:* .....

I hereby consent to act as an assessor for the purposes of this appeal.

*Signature:* .....

T. J. SHERRARD,  
Clerk of the Executive Council.

## EXPLANATORY NOTE

[*This note is not part of the regulations, but is intended to indicate their general effect.*]

These regulations make provision for the courses of training to be undertaken by persons intending to apply for registration under the Dietitians Act 1950, for the conduct of examinations and the syllabus therefor, for the procedure for the registration of dietitians, and for the procedure on appeals from decisions of the Dietitians Board under that Act.

Regulation 3 prescribes the prerequisite qualifications which must be held before a person may be accepted for training in a training school.

The training period is prescribed by regulation 4, and regulation 5 prescribes the course of training to be undergone.

Regulations 7 and 8 prescribe the syllabus for examinations and the method of conducting the examinations.

Regulations 9 to 11 set out the procedure for applying for registration and the keeping of the Register of Dietitians.

Regulations 12 to 15 contain miscellaneous provisions relating to the appointment of a Secretary to the Dietitians Board, evidence of decisions of the Board, and service of notices.

The procedure on appeals from decisions of the Board is set out in regulation 16.

The fees to be taken in matters under the regulations are prescribed in regulation 17.

Issued under the authority of the Regulations Act 1936.

Date of notification in *Gazette*: 12 March 1953.

These regulations are administered in the Department of Health.